



ROYAL OAK
INSIGHT



YOUR
SCHOOLS

City of Royal Oak, Parks & Recreation and Royal Oak Schools Newsletter

SPRING 2025

Parks & Recreation

Pages 2-33

Senior Center

Pages 20-33

City Information

Pages 34-46

Addams Elementary Unveils Mural

Page 47

ROMS Students Explore Hands-On Learning on STEMI Bus

Page 48

ROHS Teacher Embarks On Fulbright Journey to Finland

Page 52

A COMMUNITY COLLABORATION:





PARKS & RECREATION



Letter from the Parks & Recreation Director



Dear Royal Oak Community,
We're excited to share our Spring **Insight** magazine, brimming with fantastic recreational activities for all ages! We've partnered with Oakland County Parks and Recreation to host the beloved **Great Marshmallow Drop at Worden Park on Friday, April 18**. Imagine 15,000 marshmallows dropping from a helicopter!

Check out page 9 for all the details.

Throughout the winter, we've made some updates to our facilities. The Senior Center now boasts new wind panels, thanks to a grant from Oakland County and matching funds from the American Rescue Plan Act (ARPA). Meanwhile, the Salter Center is in the process of getting new lighting installed in the gym.

We also want to extend our heartfelt gratitude to Commissioner Melanie Macey for her incredible seven years of service on the Parks and Recreation Advisory Board. Her contributions have made a lasting impact.

Lastly, exciting changes are coming to our Parks and Recreation team. City Manager Joseph Gacioch shares more on page 3.

Enjoy the spring season with us!

Sincerely,
Nicole McEachern, MPA, CPRP, CPO
Parks & Recreation Director



New wind panels installed at the Senior Center.



New lighting installed in the Salter Center gym.

Cover photo at Erb Arboretum by Michelle Watson

Special Announcement from Our City Manager



Dear Royal Oak Community,

I'm excited and honored to serve as your new City Manager! In just a few weeks on the job, I've been inspired by the energy and passion of this community – especially when it comes to our vibrant downtown, our welcoming neighborhoods, and, of course, our incredible parks.

Did you know Royal Oak has **51 parks covering 352 acres?** That's a huge part of what makes our city so special! Whether you've rented a pavilion, played in a league, attended a community event, or simply enjoyed a playground with your family, our parks have been there for you.

To better serve our residents and make park services even more accessible, **I'm making Parks & Recreation its own department.** This new department will oversee Parks, Recreation, and Senior Services. This change will allow our parks team to focus 100% on what they do best – creating

and maintaining amazing spaces for our community– while also helping our Department of Public Service (DPS) streamline its own essential work.

What does this mean for you?

- Starting March 10, you'll find **Parks & Recreation administration at City Hall** rather than DPS on 12 Mile.
- Services like pavilion rentals, field reservations, and program registration will still be available online as usual.
- The full transition will take a few months, but we're committed to making it smooth and seamless.

If you have any questions, feel free to reach out to **Parks & Recreation Director, Nicole McEachern** – she's happy to help!

I look forward to seeing you out and about this spring. Maybe I'll catch you at a park as the days grow longer and the weather warms up!

**Best,
Joseph Gacioch**

City Manager, Royal Oak
citymanager@romi.gov



**Metro Detroit
Youth Clubs**
learn. grow. lead. succeed.

Metro Detroit Youth Clubs offer enriching programs designed to inspire and empower kids and teens, ages 6-18. From academic support and creative arts to sports and leadership opportunities, the Jack & Patti Salter Club in Royal Oak is where young minds thrive.

- Monday through Friday and all summer long!
- Arts, Academics, Athletics - everything from A-Z!
- A Safe and Supportive Environment for Fun and Friendships!
- The Power of Mentorship and Career Exploration!

MDYC's Annual Membership is \$50!

Invest in confidence, growth and potential, **JOIN TODAY!**

Jack & Patti Salter Club
1545 East Lincoln Royal Oak, MI 48067



www.myclubs.org



Registration begins March 11

Three Ways to Register:

1. Online at
royaloakrec.recdesk.com

2. In Person at City Hall

New Location Starting March 10

Monday - Thursday: 8:00 am - 4:30 pm

Friday: 8:00 am - 12:00 pm

Located at City Hall:

203 S. Troy St, Royal Oak, MI 48067

3. Mail-In Registration

**Mail completed registration form
with check made payable to:**

Royal Oak Recreation

PO Box 64

Royal Oak, MI 48068-0064

See page 20 for Senior Center Registration.

The following policies apply to all Recreation programs unless otherwise noted:

- Accounts with unpaid balances are not allowed to register.
- All refunds will be assessed a \$10 processing fee.
- Refunds will only be granted if requested at least five business days prior to the start of activity.
- Refunds will be returned in the form of the original payment. Credit card refunds are processed in 3-5 business days. Cash or check refunds take three to four weeks.
- No refunds on one-day or drop-in classes.
- Activities may be cancelled due to low enrollment. Full refunds will be issued if activity is cancelled due to low enrollment.
- Insufficient Funds: There will be a \$35 Returned Check Charge to all accounts for checks that are returned by the bank.

When Royal Oak Schools are closed due to inclement weather:

- Four Seasons Preschool is closed for the entire day.
- All programs held at school facilities are cancelled.
- Programs held at the Salter Center starting before 12:00 pm are cancelled. Determination on programs held at the Salter Center after 12:00 pm will be updated on website after 10:30 am.
- For programs held at other Parks and Recreation facilities: Contact the facility directly.
- For outdoor programs, we will make decisions on the status of games/programs up to 4:00 pm. After 4:00 pm, report to the site and a decision will be made by officials/program leaders. If the Oakland County tornado siren sounds signifying a tornado warning, all games/programs will automatically cease.

Parks & Recreation Facilities

Administration - City Hall <i>New location starting March 10</i>	Monday - Thursday, 8:00 am - 4:30 pm Friday, 8:00 am - 12:00 pm	248-246-3180
Mahany/Meininger Senior Community Center	Monday - Friday, 9:00 am - 4:30 pm	248-246-3900
Salter Community Center	Monday - Friday, 8:30 am - 4:00 pm	248-544-4166
John Lindell Ice Arena	Monday - Thursday, 6:00 am - 11:00 pm Saturday & Sunday, 7:00 am - 12:00 pm	248-246-3950
Royal Oak Golf Course	Monday - Sunday, 9:00 am - 8:00 pm	248-554-0019
Royal Oak Golf Course (Driving Range, Mini Golf)	Monday - Friday, 7:30 am - 9:30 pm Saturday & Sunday, 7:00 am - 9:30 pm	248-559-4653
Total Soccer	Monday - Friday, 3:30 pm - 11:00 pm Saturday & Sunday, 8:00 am - 11:00 pm	248-288-2110
Royal Oak Farmers Market	Friday - 7 a.m. - 1 p.m. (May - Thanksgiving) Saturday, 7:00 am - 1:00 pm Sunday, 8:00 am - 3:00 pm	248-246-3276

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____

Payment Method: ☐ Check ☐ Cash☐ Visa/Discover # _____ 3-digit Security Code _____☐ Mastercard # _____ 3-digit Security Code _____

Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

(If youth, parent or guardian must sign)

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____

Payment Method: ☐ Check ☐ Cash☐ Visa/Discover # _____ 3-digit Security Code _____☐ Mastercard # _____ 3-digit Security Code _____

Cardholder Name _____ Expiration Date _____

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I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

Leisure Unlimited

Sports Starters (ages 3 - 5)

A fun introduction to individual sports skills. Various balls, bean bags and hula hoops will be used to help your toddlers understand and execute the skills of running, catching, throwing, and kicking. Class emphasis is on participation, effort and FUN! Wear gym shoes and bring a water bottle. Instructor: Leisure Unlimited LLC, Coach Dave East (www.leisureunlimited.net).

Wednesday at Salter Community Center

April 16 - May 28, 4:00 - 4:45 pm **YA 2001**

Fee: Res. \$105; Non-Res. \$110 / 7 weeks

Kiddie Sports and Games (ages 4 - 6)

Introduce your youngsters to a variety of sports including soccer, lacrosse, floor hockey, tee-ball, volleyball, kickball, football and a few surprises! Fun, progressive drills allow kids to work at their own pace while improving their individual and team skills. Emphasis is on teamwork and effort. Wear gym shoes and bring a water bottle. Instructor: Leisure Unlimited LLC, Coach Dave East (www.leisureunlimited.net).

Wednesday at Salter Community Center

April 16 - May 28, 5:00 - 5:55 pm **YA 2002**

Fee: Res. \$105; Non-Res. \$110 / 7 weeks

Youth Basketball (ages 7-11)

Jump into the fast-paced game of basketball. For the beginning and intermediate player. Using progressive drills and games, players will learn dribbling, passing, positions, shooting techniques, offenses and defenses. Kids may scrimmage if permitted. Emphasis is on effort, teamwork and sportsmanship. Wear gym shoes and bring a water bottle. Instructor: Leisure Unlimited LLC, Coach Dave East (www.leisureunlimited.net).

Wednesday at Salter Community Center

April 16 - May 28, 6:00 - 6:55 pm **YA 2003**

Fee: Res. \$105; Non-Res. \$110 / 7 weeks

TumbleBunnies Gymnastics

Karate /Parkour

Our Karate class teaches martial art skills and drills in a fun way to help children learn the wonderful world of karate. Life skills such as respect, self-discipline, focus, listening and kindness are also emphasized. An increase in agility, coordination and strength are only some of the benefits of having your child be a Ninja Bunny. Each week is filled with a variety of activities and various props to keep each class unique, fresh and fun.

Fridays, April 11 - June 13 at Salter Community Center

Fee: \$133 / 8 weeks

No class April 18, May 23

3-5 year olds, 4:00 - 4:30pm YA3004

6-8 year olds, 4:35 - 5:05pm YA3005

Itty Bitty Bunny

Ages 18 months - 2 years

This fun, energetic class has **parents working with their child** that is filled with a variety of activities such as gymnastics focused warm-ups, movement to music, many activities on a ton of equipment such as octagons, wedge mats, trampoline, bars and much more. Comfortable clothing is all that's required. Minimum of 8 students.

Tuesdays at Salter Community Center

April 8 - June 10, 9:30 - 10:00 am **YA3009**

Fee: \$165 / 10 weeks

Saturdays at Salter Community Center

April 12 - June 14, 9:30 - 10:00 am **YA3001**

Fee: \$133 / 8 weeks

No class April 19, May 24

TumbleBunnies Gymnastics

Ages 3 and older

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampoline, vault, octagons, wedge mats and so much more. Our classes are fun, fast moving and challenging. Our enthusiastic instructors will make each child feel special and encourage them to do their very best. Each session is non-repetitive throughout the session and filled with all new skills and drills. Comfortable clothing is all that is required. Minimum of 8 students per session.

Tuesdays, April 8 - June 10 at Salter Community Center

Fee: \$165 / 10 weeks

Bizzy Bunnies, 3 - 5 year olds, 10:05 - 10:35 am YA3010

Saturdays, April 12 - June 14 at Salter Community Center

Fee: \$133 / 8 weeks

No class April 19, May 24

Bizzy Bunnies, 3 - 4 year olds, 10:05 - 10:35 am YA3002

Happy Hoppers, 5 - 7 year olds, 10:40 - 11:10 am YA3003





FOUR SEASONS PRESCHOOL

Four Seasons Preschool takes the natural curiosity and joy of learning all children have and provides a safe and caring environment for them to grow. Our program is for children ages 3 through 5 years.

Our program offers the following:

- **Story Time**
- **Physical Education**
- **Music**
- **Hands-on activities that promote pre-reading, pre-math, thinking and reasoning skills, and language development.**
- **Science**
- **Art**
- **Free Play Time**

We are currently full for the 2024-2025 school year.

2025-2026 Registration

- There is a non-refundable \$100 deposit fee due at time of registration.
- To be eligible for registration for the 2025-2026 school year students **MUST** be:
 - 3 years of age by Sept. 1, 2025
 - Toilet trained

The Four Seasons Preschool is located at the Senior/Community Center, 3500 Marais (1 block north of 13 Mile, 3 blocks east of Crooks).

2025 - 2026 Class Schedule

Morning Classes, 8:30 - 11:00 am

2 Days: Tuesday & Thursday

Tuition Fee: \$1,304.00 / 33 weeks

PRE2025-R3

FULL

3 Days: Monday, Wednesday and Friday

Tuition Fee: \$2,010.95 / 33 weeks

PRE2025-R1

FULL

Afternoon Class, 12:15 - 2:45 pm

Monday, Tuesday, Wednesday and Thursday

Tuition Fee: \$2,681.25 / 33 weeks

PRE2025-R2

OPEN

For more information regarding pricing and scheduling, please visit:

www.fourseasonspreschoolonline.com

Four Seasons Preschool is licensed by the State of Michigan



Live Safe Academy

Babysitter Safety (ages 9+) Certified Babysitter/CPR/First Aid and Safe Home Alone

Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. Topics include: First aid, when and how to call 911, CPR with manikin practice, choking, dealing with difficult behaviors, basic care methods like feeding and diapering, marketing and more! Students will also learn how to be safe and responsible when home alone, including the importance of not giving out personal information and what to do if somebody comes to the door. Students who successfully complete the course requirements will receive a certificate of completion for Certified Babysitter/CPR/First Aid course by Live Safe Academy (valid for two years). To be certified students must participate in the entire course from beginning to end and successfully complete all skills.

Students need a lunch, snacks, and a cell phone (if they own one). Drop off and pick up is in the classroom. Instructor: Live Safe Academy.

Saturday, April 5 OR June 7 at Salter Community Center

9:00 am - 3:00 pm (6 hours) **YA4011**

Fee: Res. \$75 / 1 class

Certified Pet Sitter/CPR/First Aid (Add-on only; ages 9+)

Kids, would you like to learn pet first aid and be a certified Pet Sitter? Increase your competitive edge by being more valuable to families with pets and kids. Increase your market by being certified to watch pets or kids. Learn to care for the pets in your own family. Have fun and help keep animals safe. This is an add on class for students who participate in the Certified Babysitter course on the same day and will begin after the babysitter safety class ends.

Bring extra snacks if staying for this portion. Drop off and pick up is in the classroom. Instructor: Live Safe Academy.

Saturday, April 5 OR June 7 at Salter Community Center

3:00 - 4:00 pm (1 hour) **YA4012**

Fee: Res. \$15 / 1 class

MissPaulaMusic.com presents:

Toddlers and Tunes!

Get the party started and join Miss Paula for some singing, jumping, counting, dancing and clapping. We will be jamming to some old, cherished tunes along with your new favorite songs! Miss Paula has been entertaining kids with her quirky songs and silly style for over 20 years with the Candy Band. Small instruments and dancing scarves are provided. Session also includes "Six String Stories", a beautifully illustrated hardcover songbook of some of Miss Paula's original compositions. Classes are 40 minutes. Don't be left out of this shindig – sign up today!

Thursdays at Salter Community Center, Lincoln Room

Fee: \$85 / session*; \$65 / returning session

Session 1: March 6 - 27

Ages 0 - 5 years: 11:00 - 11:40 am **YA4001**

Session 2: April 3 - 24

Ages 0 - 5 years: 11:00 - 11:40 am **YA4001**

Session 3: May 1 - 22

Ages 0 - 5 years: 11:00 - 11:40 am **YA4001**

**\$16 per child/parent unit per week + \$20 Six String Stories book fee*



OAKLAND
COUNTY PARKS

THE GREAT MARSHMALLOW DROP



**APRIL 18,
2025**

**EVENT STARTS
AT 10 A.M.**

Worden Park - Royal Oak
Lexington Blvd & Crooks Rd
Royal Oak, MI 48073

**LOCATION
CHANGE
FOR 2025!**



QUIET
ZONE



Royal Oak



Spring into sunshine at Red Oaks Nature Center



Looking for something to do this spring?

Red Oaks Nature Center offers:

- Year-Round Nature Interpretive Programs
- Preschool Programs
- Homeschool Programs
- Field Trips (*NGSS and non-NGSS based*)
- Birthday Parties
- Portable Planetarium Programs
- Adult Educational & Wellness Offerings

Register today at OaklandCountyParks.com



OAKLAND
COUNTY PARKS

Red Oaks Nature Center
30300 Hales St.
Madison Heights, MI 48071
248-585-0100





Royal Oak FITNESS

20/20/20 Fit Mix

Burn calories in this heart-healthy combo toning class that includes the essential components of fitness: cardio, strength, core, and flexibility. Cardio portion includes warm-up, aerobic drills, and fun combos – with options to keep it low, take it higher or somewhere in-between. Hand weights are used during strength segment, followed by core work and a series of controlled, static stretches to enhance range of motion and release stress. Bring a mat, hand weights, dynaband (optional) and water.

Monday, 5:50-6:50 pm Instructor: Karen B

April 14 - June 16 at M/M Senior/Community Center **FF2005**

No class May 26

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Wednesday, 5:50-6:50 pm Instructor: Karen B

April 16 - June 18 at M/M Senior/Community Center **FF2006**

Fee: Res. \$70; Non-Res. \$75 / 10 weeks

Low-Impact Workout **Great for Beginners!**

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to music without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional.

Thursday, 6:20 - 7:20 pm Instructor: Angie M

April 10 - June 12 at M/M Senior/Community Center **FF2002**

Fee: Res. \$70; Non-Res. \$75 / 10 weeks

Stretch Relief

Stretching and flexibility are the focus of this class. After warming up with a series of simple functional movements, you will enhance range of motion, increase circulation, and release stress through a variety (standing/seated/on floor) of head-to-toe controlled concentrated stretches. Using proper form and breath awareness, you will feel more limber, clear-headed and relaxed. Bring a mat, and wear loose, comfortable clothing.

Monday, 7:00-8:00 pm Instructor: Karen B

April 14 - June 16 at M/M Senior/Community Center **FF2023**

No class May 26

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Mat Pilates

Pilates, a non-impact deep muscle conditioning method, strengthens the body's "powerhouse" – the abdominal, gluteal, and back muscles – by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance, and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights.

Monday, 6:20-7:20 pm Instructor: Ginger V

April 7 - June 9 at Salter Community Center **FF2013**

No class May 26

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Wednesday, 6:20-7:20 pm Instructor: Tammy R

April 9 - June 4 at Salter Community Center **FF2014**

Fee: Res. \$63; Non-Res. \$68 / 9 weeks

Total Body Conditioning

Build muscle strength and endurance and burn more calories for safe, fast results with this full body training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel, and water.

Tuesday, 6:20-7:20 pm Instructor: Angie M

April 8 - June 17 at M/M Senior/Community Center **FF 2010**

Fee: Res. \$77; Non-Res. \$82 / 11 weeks

Thursday, 7:30-8:30 pm Instructor: Kendell M

April 3 - June 12 at M/M Senior/Community Center **FF 2016**

No class April 10

Fee: Res. \$70; Non-Res. \$75 / 10 weeks

Saturday, 8:45-9:45 am Instructor: Angie M

April 12 - June 21 at Salter Community Center **FF 2012**

No class April 19, May 24

Fee: Res. \$63; Non-Res. \$68 / 9 weeks



PLEASE REGISTER EARLY

to ensure your spot in class. Any classes not meeting minimum enrollment requirements three business days prior to start date may be subject to cancellation.

Tai Chi

An ancient Chinese discipline designed to enhance the body, mind and spirit and leave you feeling refreshed. You will gain better muscle tone, improve joint flexibility, and increase circulation. Wear comfortable, loose-fitting clothing. The instructor, Han Hoong Wang, has been teaching for more than 35 years in the United States. She is a certified senior instructor in Traditional Yang Style Tai Chi. She believes the pursuit of knowledge, understanding and excellence in Tai Chi Chuan is a lifelong journey. She has traveled extensively throughout the U.S. and back to China to study with the world's top masters. She welcomes students of all ages to join her class.

Chen Style Tai Chi Basic & Old Form 1

Monday, 6:30-7:30 pm **AF2001**

April 7 - June 2 at Keller School

Fee: Res. \$72; Non-Res. \$77 / 8 weeks

No class May 26

Yang Family Tai Chi Hand Form (cont.)

Monday, 7:30-8:30 pm **AF2002**

April 7 - June 2 at Keller School

Fee: Res. \$72; Non-Res. \$77 / 8 weeks

No class May 26

Sword/Long Pole Push Hands Basic

Monday, 8:30-9:30 pm **AF2003**

April 7 - June 2 at Keller School

Fee: Res. \$72; Non-Res. \$77 / 8 weeks

No class May 26

Chen Style Old Form 1, Shanshou (cont.)

Thursday, 7:00-8:00 pm **AF2004**

April 10 - June 5 at Keller School

Fee: Res. \$72; Non-Res. \$77 / 8 weeks

No class May 22

Single Fan, Mulan Fan

Thursday, 8:00-9:00 pm **AF2005**

April 10 - June 5 at Keller School

Fee: Res. \$72; Non-Res. \$77 / 8 weeks

No class May 22



Hatha Yoga

Rejuvenate your mind and body. Improve your mental concentration, body alignment, and learn to enjoy deep relaxation. Join our basic Hatha Yoga class. Everyone is welcome regardless of age, flexibility, or fitness level. Postures can be modified to make the practice as gentle or challenging as each individual needs. We practice without competition or judgement. Yoga is especially beneficial for people leading stressful lives as it promotes centering, balance, and relaxation which enhances our quality of life. **Classes are for all skill levels. Beginners are welcome.** Wear comfortable, loose clothing and **bring a mat, blanket and strap.** Do not eat 1½ to 2 hours prior to class. Instructor: Christine Walbridge.

Wednesday at Senior/Community Center

April 2 - June 11, 5:40 - 6:55 pm **AF2007**

Fee: Res. \$80; Non-Res. \$85 / 10 weeks

No class April 30

Thursday at Senior/Community Center

April 3 - June 12, 7:00 - 8:15 pm **AF2010**

Fee: Res. \$80; Non-Res. \$85 / 10 weeks

No class May 1



Tactical Self-Defense "TSD"

Self-defense is essential for everyone. Our program teaches proven skills quickly and safely, focusing on awareness, strategy, and fun. You'll learn to handle assaults, grabs, punches, kicks, locks, and armed attackers. Combining ancient techniques for modern needs, we tailor training to each individual's strengths. Students of all ages and fitness levels are welcome, whether for self-defense, fitness, or fun. Instructor Dean Hadin, with 31 years of experience, provides expert guidance to help you reach your potential.

Wednesday at Salter Community Center

April 16 - June 4, 7:30 - 8:45 pm **AF2401**

Fee: Res. \$72; Non-Res. \$77 / 8 weeks

Special Thanks

A special thanks to the Royal Oak School District for the excellent City-School cooperation which allows us to provide numerous activities in school facilities.

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program
National Parks Service
PO Box 37127
Washington DC 20013-7127

Adult Softball Leagues

We will offer the following leagues this season. Division III is ASA rated "D Recreational".

League Offerings

Coed

Monday	Coed Division III
Wednesday	Coed Division III
Thursday	Coed Division III

Men's

Tuesday	Men's Division II
---------	-------------------

Registration Dates

February 10 - 28

Returning team registration opens

March 11 - April 4

Open registration

April 14

Manager's Packets will be available for pick up at the Royal Oak City Hall, 203 S. Troy St, Monday - Thursday, 8:00 am - 4:30 pm.

Week of April 21

All Leagues begin

Entry Fee

\$600, includes 12-game season, playoff tournament for top four teams (single elimination), ASA Registration, and awards for Season Champs and Playoff Champs.

Umpire Fee

\$20 per game per team (paid at site)

Fields/Times

Worden #4	6:10, 7:20, 8:30, 9:40 pm
Worden #5	6:10, 7:20, 8:30, 9:40 pm

Times subject to change based on number of participants.

Email recreationinfo@romi.gov for registration packet.

Non-resident teams are welcome to participate.

Register online at royaloakrec.recdesk.com



Community Garden

The Royal Oak Community Garden, a collaboration between Royal Oak Recreation and Royal Oak Schools, provides a vibrant and sustainable space for local residents to grow their own fresh produce and connect with their community. Located on the west side of Churchill Community Education Center, this garden features 18 raised planter boxes, each measuring 4x8 feet. Garden season is May 1 - October 31.

- Priority registration for **returning resident gardeners begins March 11**. Email recreationinfo@romi.gov if you would like to return for this upcoming season. Balances must be paid in full to reserve your spot.
- Open registration for **new resident gardeners begins March 18**. Register online at royaloakrec.recdesk.com under the General category.
- Open registration for **non-resident gardener begins March 25**. Register online at royaloakrec.recdesk.com under the General category.

Fees for one raised planter: \$50 (for residents and non-residents)
Garden fees are non-refundable.



Line Dancing

Welcome to the fun world of DANCING like you see at all the social events. No partner needed, it's terrific exercise for mind, heart and body. Learn to dance to Rock, Country, 50s & 60s and Fun Dances. Bring your friends and join us. Instructor: Jackie Ortvals

Basic Beginner - Single Dancer

Tuesday, 6:15 - 7:00 pm at Salter Community Center

April 22 - June 3 **AE 2003**

Fee: Res. \$49; Non-Res. \$54 / 7 weeks

Beginner "Plus" - Single Dancer

Tuesday, 7:00 - 8:00 pm at Salter Community Center

April 22 - June 3 **AE 2004**

Fee: Res. \$49; Non-Res. \$54 / 7 weeks

Paint Like Bob Ross

Learn to Paint like Bob Ross in just one day! Join Certified Bob Ross Instructor Ted Simpson as he guides you through an entire painting in just a few hours. Paint big mountains, fluffy clouds, and of course, lots of Happy Little Trees! Each class is a different painting. All supplies are included to complete your masterpiece. No previous painting experience is required. You can do this!



Sunset Mountain

Tuesday, April 1 at Salter Community Center

6:00 - 9:00 pm AE2019

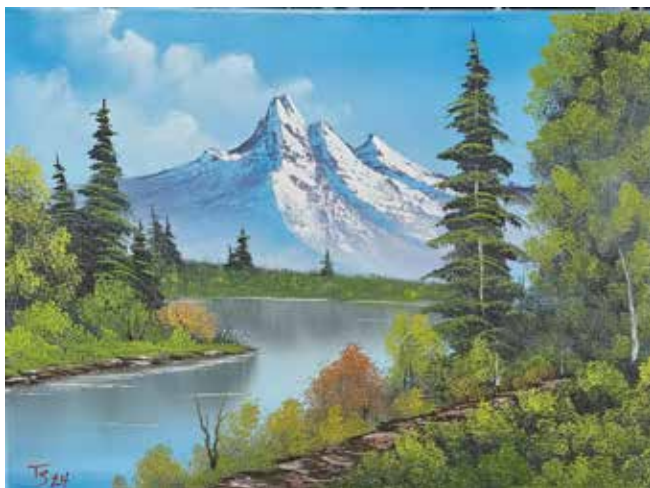
Fee: \$80

Mountain Summit

Tuesday, June 17 at Salter Community Center

6:00 - 9:00 pm AE2017

Fee: \$80



Cooking

Parent and Child "Chocolate Candy Making"

Tuesday, April 1, 6:00-8:30 pm AE2011

Room 3 at M/M Community Center

Fee: \$30 (includes one parent and one child - each additional child is \$15)

Make LOTS of dipped, molded, and filled candies using milk, white, and dark chocolate plus yummy mix-in treats too! Child minimum age: 8 years. Email supplylist@gmail.com or call (586)256-8144 for a list of supplies to bring.

Parent and Child "My Special Pizza"

Tuesday, April 8, 6:00-8:30 pm AE2012

Room 3 at M/M Community Center

Fee: \$30 (includes one parent and one child - each additional child is \$15)

Create your very own personal pizza! Prepare your fresh crust all from scratch, then add sauce, lots of yummy cheese, and all of your favorite toppings! Child minimum age: 8 years. Email supplylist@gmail.com or call (586)256-8144 for a list of supplies to bring.

Italian Three-Cheese Ravioli and Tortellini

Tuesday, April 15, 6:00 - 8:30 pm AE2013

Room 3 at M/M Community Center

Fee: \$36

Join us and learn how easy it is to prepare these much-loved Italian foods all from scratch! First, you'll work on your own and prepare delicious, foolproof pasta dough along with your choice of three different, flavorful fillings (3-cheese, spinach-cheese, or mushroom-cheese). Then you'll create dozens and dozens of yummy ravioli and tortellini! Email supplylist@gmail.com or call (586)256-8144 for a list of supplies to bring.

Perfect Pierogies

Tuesday, April 22, 6:00-8:30 pm AE2015

Room 3 at M/M Community Center

Fee: \$36

Come spend a relaxing evening where you'll work on your own and prepare about 2 dozen fresh pierogi overstuffed with your favorite fillings - all from scratch! You'll never buy grocery brand pierogi again! Email supplylist@gmail.com or call (586)256-8144 for a list of supplies to bring.

Cake Decorating for Beginners

Tuesday, April 29, 6:00-8:30 pm AE2016

Room 3 at M/M Community Center

Fee: \$36

Learn how to create beautiful, colorful buttercream flowers, leaves, stars, borders, and more for your baked goods! It's really fun and surprisingly easy too! Email supplylist@gmail.com or call 586-256-8144 for a list of supplies to bring.

Drop-In Sports at the Salter Center

Pickleball

- Drop-in fees are listed below. Any individual caught not paying will be asked to leave the gym immediately.
- Sign-in sheets will be made available 30 minutes before scheduled start times.

Monday - Friday

11:00 am - 3:00 pm
West Gym - 3.5 & higher
Drop-in fee: \$5

Monday, Wednesday, Friday

11:00 am - 3:00 pm
East Gym - Beginner - 3.5
Drop-in fee: \$5

Tuesday, Thursday

1:30 - 3:30 pm
East Gym - Beginner - 3.5
Drop-in fee: \$3



Bounce Volleyball

Tuesdays and Thursdays

11:00 am - 1:00 pm

Bounce Volleyball, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. \$1 per session.

Drop-In Pinochle

Wednesdays & Fridays, 12:30 pm

Drop in for an enjoyable game of pinochle, meet new friends. \$1

Helping Hands

Fridays, 9:30 am

Interested in knitting, crocheting or sewing? Create blankets for chemotherapy patients at the Salter Center on Fridays, or work at home. Kits are available, or you can use your own materials to create squares that can be assembled into blankets for the patients. Stop by and get the details about the size and type of materials desired, or call (248) 246-3180. Donations of 4-ply yarn gratefully accepted.

AM Low-Impact

Mondays

Low-Impact: 9:00 - 9:55 am

Winter 2

Feb. 24 - March 31

Low-Impact

\$48 / 6 weeks

SA5004

Spring 1

April 7 - May 19

Low-Impact

\$56 / 7 weeks

SA5001

Drop-ins welcome for \$8 per class

Join us for this high-energy, non-contact fitness class. These classes are for beginners and pros alike. These classes will focus on building endurance, improving your flexibility, and having fun! All classes can be done standing or seated. Toni Henderson, Certified Fitness Instructor.

Let's Walk!

Monday - Friday, 8:30 - 11:00 am

Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join **Let's Walk!** and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

Sit Down & Tone Up

Monday, Wednesday, Friday; 9:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

Senior Pilates

Tuesdays, 12:00 - 1:15 pm

March 11 - April 29

\$40 / 8 weeks

SA2302

May 6 - June 17

\$35 / 7 weeks

SA2302

Pilates is a neuro-muscular resistance control method of exercise designed to help develop strong, flexible muscles and better posture. This is a basic class with emphasis on gradual progression and strict body alignment and exercise form. Wear loose comfortable clothes and bring a mat. Instructor: Cheryl Baugh, ACSM, Certified Fitness Instructor.

Stretch & Strength (40+) Cardio, weights and stretching

11:00 am - 12 Noon

Winter 2

Mondays: March 3 - April 7 SA6004

\$36 / 6 weeks

Wednesdays: Feb. 26 - April 9 SA6005

Fridays: Feb. 21 - April 4 SA6006

\$42 / 7 weeks

Spring 1

Mondays: April 14 - May 19 SA6001

\$36 / 6 weeks

Wednesdays: April 16 - May 28 SA6002

Fridays: April 11 - May 30 SA6003

No class April 18

\$42 / 7 weeks

Drop-in any Monday, Wednesday or Friday for \$6 per class.

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

Yoga

Tuesdays, 1:30 - 2:30 pm

March 11 - April 29

\$40 / 8 weeks

SA2322

May 6 - June 17

\$35 / 7 weeks

SA2322

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor - Cheryl Baugh. Preregister.



Annual Park Cleanup

April 26 & 27, 2025

Join us in celebrating Earth Day by taking part in the annual park cleanup! The City is seeking both individual volunteers and volunteer groups to help collect debris and leaves, which City crews will then dispose of. Yard waste and trash bags will be provided and can be picked up a week prior to the event at the Department of Public Service. This is a self-directed volunteer opportunity.

Where do I sign up?

Register online at romi.gov/cleanup by Monday, April 21.

Questions? Contact us: (248) 246-3300 or DPS@romi.gov



FARMERS MARKET

Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 30 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. **For more information, please call (248) 246-3276.**

Open All Year!

Farmers & Specialty Food Vendors are at the market

- Fridays, 7:00 am - 1:00 pm, May - Thanksgiving
- Saturdays, 7:00 am - 1:00 pm, All year

Antique & Collectible Vendors are at the market

- Sundays, 8:00 am - 3:00 pm, All year

Calendar of Events at the Market:

February

- | | | |
|----|-------|--|
| 22 | Sat | Whiskey Business (6:00 - 10:00 pm) |
| 27 | Thurs | Pop-Up Food Truck Rally
with Community Resource Fair (4:00 - 8:00 pm) |

April

- | | | |
|----|-----|--|
| 5 | Sat | Bourbon Tasting (6:00 - 11:00 pm) |
| 9 | Wed | Food Truck Rally (4:00 - 8:00 pm) |
| 26 | Sat | Chili Dog Taste Fest (6:00 - 10:00 pm) |

May

- | | | |
|----|-----|---|
| 3 | Sat | Tequila Fest (6:00 - 10:00 pm) |
| 14 | Wed | Food Truck Rally
and Sights & Sounds Concert Series (4:00 - 9:00 pm) |
| 16 | Fri | Uncork Me Michigan (6:00 - 11:00 pm) |

June

- | | | |
|----|-----|--|
| 11 | Wed | Food Truck Rally and Family Pride (4:00 - 9:00 pm) |
|----|-----|--|



Like us on Facebook!



Park Shelter Reservations

**Shelter Dates of Operation:
April 1 through October 31**

**Rental Time slots are
10:00 am - 2:00 pm OR 3:00 - 7:00 pm**

	Weekdays		Weekends/Holidays	
	Res.	Non-Res.	Res.	Non-Res.
Large Shelter-Normandy	\$125	\$175	\$150	\$200
Large Shelter-Memorial	\$75	\$100	\$100	\$125
Large Shelter-Starr/VFW	\$50	\$65	\$80	\$95
Small Shelter-Lawson	\$50	\$65	\$80	\$95
Small Shelter-Starr	\$30	\$45	\$40	\$50

Reserve at royaloakrec.recdesk.com/Community/Facility



Lawson Park small pavilion



Memorial Park large pavilion

Mark Twain Dog Park FOBS

Dog Park applications are available on our website at www.romi.gov/542/Dog-Park-Membership-Renewal or in person at the city clerk's office. The application and waiver must be filled out and brought into the city clerk's office in order to process. Owner must show proof that all shots for their dog are current (Bordetella, Distemper, Parvovirus and Rabies) and non-residents must also show a copy of their dog's current license. The fees for first time applicants are \$50 for residents and \$75 for non-residents. If you are renewing your dog park FOB and return the old FOB, the yearly fees are \$40 for residents and \$65 for non-residents. If a FOB is lost and needs to be replaced, there is an additional \$10 fee. FOBS expire one year from the original application date. If there will be additional handlers in the household using the FOB, they must sign a waiver as well.



Dog Licenses

Dog Licenses are available in the clerk's office. All dogs must be licensed by their owner (City Ordinance § 195-10). A copy of the dog's rabies certificate is required in order for the license to be issued, as well as proof of spaying or neutering. The licenses are issued according to the expiration of the rabies vaccination. A three-year license is \$20 for dogs that are spayed or neutered. A three-year license for dogs that are not spayed or neutered is \$40. There is a \$20 late fee if the dog license is renewed more than 30 days after the expiration of the current license. Residents who are 60+ receive a \$2 discount on dog licenses. You may now apply for dog licenses online at www.romi.gov/179/Licensing-Dogs

**Take a moment to unwind and explore one of our 51 beautiful parks!
Come find your perfect spot to recharge and connect with the outdoors.
Visit romi.gov/541/parks for more information!**

Mini Parks

Barton Park North
Barton Park South
Basset Park
Cody Park
Fernwood Park
Franklin Park
Fries Park
Fulton Park
Hamer Finch Wilkins Park
Huntington Wood Park
Maudlin Park
Rotary Park
Fred A. Erb Arboretum
Wendland Park
Westwood Park
*13 Mile/Main Park

Neighborhood Parks

Clawson Park
Dickinson Park
Dondero Park
Elks Park
Fred Piper/Optimist Park
Grant Park
Gunn Dyer Park
Kenwood Park
Lawson Park
Lions Club Park
Lockman Park
Maddock Park
Marais Park
Marks Park
Mark Twain (Dog) Park
Meininger Park
Miller Park
Milt Hey Hudson Park
Pioneer Park
Relator Park
Sullivan Park
Upton Park
Patricia Paruch Park
Whittier Park

Community Parks

Centennial Commons
Cummingston
Isabel & Myron Zucker Park
Memorial Park
Normandy Oaks Park
Quickstad Park
Red Run Park
Starr Jaycee Park
V.F.W. Park
Wagner Park
Worden Park



Royal Oak Nature Society

Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to maintain and improve Royal Oak's two nature preserves, Cummingston Park and Tenhave Woods. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. The Nature Society is also developing the Fred A. Erb Arboretum behind the Senior Center. If you are interested in joining the conservation effort or just need more information, please phone us at 248-246-3380 and leave a message, email us at naturesociety@romi.gov, mail us at: Royal Oak Nature Society, 1600 N. Campbell Rd, Royal Oak, 48067 or check out our website at www.romi.gov/nature. You can also find us on Facebook. Check www.romi.gov/411/Nature-Walks for park trail maps, park locations, plus where to meet for nature walks and park programs.



Fundraiser

The Nature Society's 17th Annual Fundraiser is being held on Thursday, April 24 at the Royal Oak Farmers Market from 7:00 to 10:00 pm. For more event information, please visit romi.gov/463/Annual-Fundraiser.

Speaker Programs

At our free speaker programs, we present speaker programs that are usually Power Point presentations focusing on various natural history topics. If you watch nature programs on PBS or the Discovery Channel, this is better because you can talk with the speakers afterwards and ask questions. Currently, there are no programs scheduled.

Friends of Fungi

Friends of Fungi is a group that promotes the understanding of, and an appreciation for, fungi in general and those fungi found in Tenhave, Cummingston, and other local urban woods. Mary Fredricks heads this group. The group normally meets on the 2nd Wednesday of the month in November, January, February, and March at the Royal Oak Senior Center located at 3500 Marais. Currently, there are no meetings planned..

Nature Walk Schedule

There is normally at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. The walks take place at Cummingston Park, Tenhave Woods and the Fred A. Erb Arboretum. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology, and human history of the area. There is no cost or registration for our nature walks.

DATE	TIME & PLACE	TOPIC
Mar. 23 (Sun)	2:00 pm at Tenhave	Beginning of Spring
Apr. 19 (Sat)	2:00 pm at Tenhave	Spring Wildflowers
Apr. 26 (Sat)	10:00 am at Cummingston	Mushrooms
Apr. 26 (Sun)	2:00 pm at Tenhave	Spring Wildflowers
May 4 (Sun)	2:00 pm at Tenhave	Spring Wildflowers
May 24 (Sat)	10:00 am at Tenhave	Mushrooms

As additional programs and walks are scheduled, they will be announced on our website and Facebook page.

Royal Oak Symphony Orchestra

Since 1995, the orchestra has been a cultural offering to Royal Oak and its neighboring communities. Formed specifically for area musicians who desire to continue making music a life-long avocation, the orchestra is comprised of adults of all ages and professions. ROSO meets every Wednesday evening from 7:30-9:30 pm at Royal Oak Middle School and performs four concerts each season. For concert ticket information, call 248-549-0262. If interested in joining, click on the "Auditions" tab on the website: www.royaloakorchestra.org.

Concert admission: \$20; Seniors and Students, \$15;
Ages 12 and under free.

Concerts are held at the Royal Oak Middle School auditorium on Fridays at 8:00 p.m

**Friday, March 14, 2025, Royal Oak Middle School
Friday, May 9, 2025, Royal Oak Middle School**

Royal Oak Concert Band

Organized in the mid-1960s, the Royal Oak Concert Band is the oldest community band in southeastern Michigan. The band meets each Monday, 7:00-9:00 pm, September through May, at Royal Oak Middle School. The ROCB is always looking for new members. If you are interested in joining, please visit their website at www.royaloakconcertband.org.

Tickets available at the door or in advance at www.royaloakconcertband.org.

Concert admission: \$12; Seniors and Students, \$10;
Ages 12 and under free.

Concerts are held at the Royal Oak Middle School auditorium on Sundays at 3:00 p.m

**March 9, 2025, Folksongs Near & Far
May 18, 2025, Nature's Wonders**



@RO_Ice_Arena



facebook.com/Lindell.Ice.Arena

1403 Lexington BLVD.

Royal Oak MI 48073

248.246.3950

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Skate at your own leisure. Bring friends and family to share the fun. General, adult and preschool sessions offered.

Check johnlindellicearena.com for days and times.

NEW EDGE

FIGURE SKATING CLUB

The **New Edge Figure Skating Club** offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

www.newedgefsc.org



ADULT WOMEN'S LEAGUE

for Beginners to Intermediate Ability
Starts Late September & runs on
Tuesday nights.

Individual Registration – Jersey included



ADULT HOCKEY LEAGUE

Summer League:

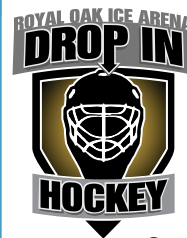
JUNE - MID AUGUST

Fall/Winter League:

SEPTEMBER - MARCH

Spring League:

APRIL - JUNE



DROP IN HOCKEY

18 and up-full equipment
come in a play a competitive game of
hockey with fellow adult skaters.

STICKS & PUCKS

Open to all ages. full equipment required



- Lil Eagles Learn to Play – ages 4-10
- 8 & under youth hockey program
- House hockey for all youth age divisions
- Travel A & AA Hockey Squirt –Midget

www.royaloakhockeyclub.com

SUBURBAN HOCKEY SCHOOLS



Instructional experience that improves
skills, knowledge of the game, and
overall self-confidence as it relates
to the game through a positive
learning experience.

TO VIEW CAMPS OFFERED: www.suburbanhockey.com

For more information on any of these programs, please visit

JOHNLINDELICEARENA.COM

Leo Mahany / Harold Meininger
Senior Community Center
 3500 Marais, Royal Oak, MI 48073 • (248) 246-3900
www.romi.gov

We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.

Code of Conduct

Live the Golden Rule

Embody Honesty

Act with Patience

Take Responsibility

Listen Attentively

Communicate Effectively

Lead by Example

Be Proactive

Live Royal Oak

Drop in at the community center Monday through Friday. Our monthly *Times* newsletter is **FREE**. Call to join the mailing list or stop in the center lobby for the most recent copy. Start enjoying opportunities for lifelong education, fitness and leisure activities. The staff is committed to working with and for older adults to develop activities and services that support their efforts to remain healthy, active and independent.

Mission Statement:

The City of Royal Oak offers older adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 50 and over or permanently disabled adults.

The City of Royal Oak's Recreation Department does not discriminate against any program participant or applicant for participation because of actual or perceived race, color, religion, national origin, sex, age, height, weight, condition of pregnancy, marital status, physical or mental limitation, legal source of income, family responsibilities, sexual orientation, gender identity, or HIV status of person, that person's relatives, or that person's associates or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to insure that all practices are free from such discrimination.

Have you signed up for a Kiosk Key Tag?

My Senior Center software allows us to keep accurate numbers who take part in our numerous classes, activities, events and more. By swiping in with your tag, we can continue to provide you with the low-cost, unique programming we love to offer. If you are a current participant, it is recommended that you update your profile with your most current contact information. Please ask a staff member for assistance when you visit the Mahany/Meininger Senior Community Center.

Senior Program Registration

- To register for programs on the Mahany/Meininger Center pages, you may call **248-246-3900** and pay with a credit card OR you may register in-person and pay with cash, check or credit card. **NO ONLINE REGISTRATION IS AVAILABLE.**
- Registration for all Extended Trips should be done in person at the Mahany/Meininger Senior Community Center, 3500 Marais.
- Senior Center classes are open to adults of all ages who are available for daytime activities. No membership fee or residency requirement.

Refund Policy

- For classes, no refund will be granted after the start of the second week of class. If it is a cooking class, you may cancel seven days before the date of class for a refund.
- Trip cancellations depend on the independent travel agency. Please contact the Mahany/Meininger Center at 248-246-3900 for more information.
- **A \$5.00 processing fee will be deducted from all refunds.**

Royal Oak Seniors Resource Center

Stop by the Mahany/Meininger Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center, please call Carolyn Marsh at (248) 246-3917 for an application form. The fee to display in house physical brochures is \$150.00 per 12 months. **The Royal Oak Senior Community Center and/or the City of Royal Oak does not provide medical advice, diagnosis, treatment, legal, financial, or professional service advice or endorse any professional services or institutions.**

M/M Community Center Rental Information on page 33.

Special Events and Workshops

March

6	1st Thursday M/M Book Club	11:00 am
24	Sushi Class \$42.00	5:30 pm
28	4th Friday M/M Book Club	10:00 am
28	FREE Hearing Screenings - Call for appt.	10am -12pm
31	Neck Pain L/L	11:30 am

April

1	ABCs of Medicare L/L	11:30 am
3	1st Thursday M/M Book Club	11:00 am
4	1st Friday BINGO	12:30 pm
7	Welcome Newcomers	10:30 am
8	Long Term Care Insurance L/L	11:30 am
14	Home Safety BINGO	11:30 am
14	Meditation with Brian Black \$50/5 weeks	7:00 pm
16	National Healthcare Decision Day: Gift of Certainty L/L	11:30 am
18	CLOSED Good Friday	
22	Collette International Travel Info Meeting	9:30 am
22	Annuities: Good, Bad, Ugly L/L	11:30 am
23	Keep Learning with ROPL	1:00 pm
25	Kerry Price Sing-Along \$2.00	12:30 pm
25	4th Friday M/M Book Club	10:00 am

May

1	1st Thursday M/M Book Club	11:00 am
2	Smart Driver Tek Talk FREE - RSVP	10:00 am
2	1st Friday BINGO	12:30 pm
2	Spring Garden Club Auction FREE	6:00 pm
3	Adaptive Art Class FREE	12:00 pm
5	Welcome Newcomers	10:30 am
6	Green Memorial L/L	11:30 am
7	Beginner DJ Class \$150.00/4 weeks	6:30 pm
8 & 9	Craft Sale	9:30 am-4:30 pm
9	Probate/Estate Planning \$3.00	7:00 pm
12	Advanced DJ Class \$150.00/4 weeks	6:30 pm
15 & 16	Rock the Block	9:00 am -3:30 pm
16	Kerry Price Sing-Along \$2.00	12:30 pm
17	FREE Perennial Plant Exchange	9:00 am
19	Red Flag Investment & Estate L/L	11:30 am
19	Sushi Class \$42.00	5:30 pm
23	4th Friday M/M Book Club	10:00 am
23	Keep Learning with ROPL	1:00 pm
26	CLOSED Memorial Day	
27	Questions About Senior Living L/L	11:30 am

June

2	Welcome Newcomers	10:30 am
3	Turning 65 L/L	11:30 am
5	1st Thursday M/M Book Club	11:00 am
6	1st Friday BINGO	12:30 pm
13	Skin Safety in the Sun FREE Talk	10:00 am
16	Sushi Class \$42.00	5:30 pm
19	Juneteenth CLOSED	
20	Kerry Price Sing-Along \$2.00	12:30 pm
25	Keep Learning with ROPL	1:00 pm
27	4th Friday M/M Book Club	10:00 am

Drop-in Fitness Center

Monday - Thursday, 9:00 am - 8:00 pm

Friday, 8:00 am - 4:30 pm

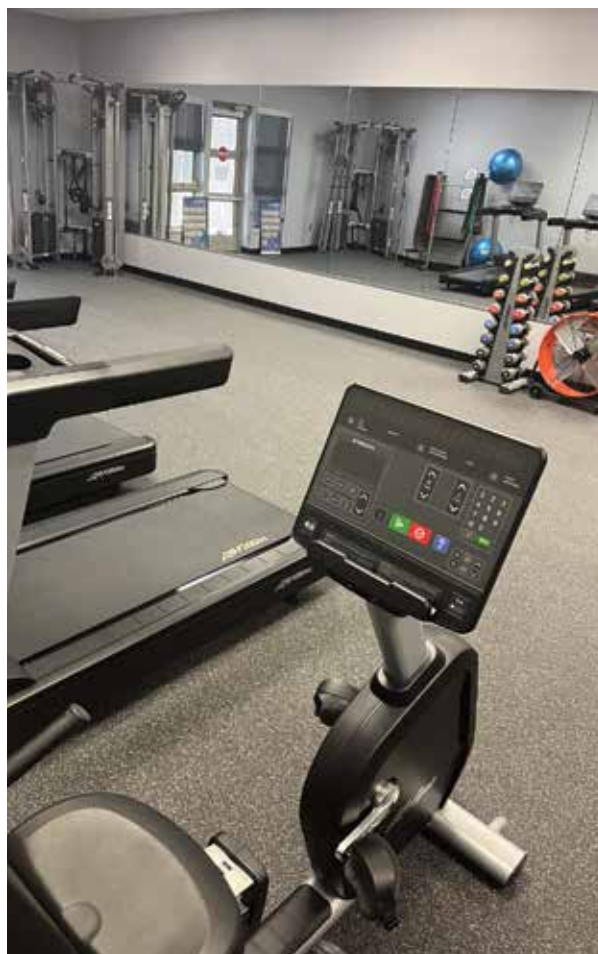
Fees:

Daily, \$3.00; Monthly, \$25.00;

Biannually, \$125.00; Annually, \$225.00

NEW!

Try out our new Fitness Center at the M/M Community Center! The 1,034 sq. foot workout room is fully outfitted with treadmills, incumbent bikes, pulley weight machines and free weights. For ages 50 and over and you do not have to be a Royal Oak resident to use the facility.



Day Trips



Detroit Institute of Arts **\$5**
Thursdays, 12:15-3:30 pm
May 15 - Guided Tour
July 17 - Guided Tour

The DIA remains open to visitors, serving as a place for inspiration, calm and respite. Our visit is a millage benefit for tri-county (Wayne, Oakland, and Macomb) residents and includes museum admission, bus transportation, a guided tour or musical performance, and a coupon for a free coffee at the Café DIA. 25 person minimum. Registration deadline: two weeks prior to the event date.



Inside Detroit **\$134**
Thursday, May 8
8:45 am - 4:30 pm **Bianco Tours**

The Detroit History Museum, long dedicated to telling our region's fascinating history, recently reopened and now boasts five, exciting new exhibits which showcase Detroit's legacy of music, innovation and culture. Enjoy lunch at the exciting Andiamo Riverfront, in the beautiful GM Renaissance Center Wintergarden. After lunch, a guided tour of Hitsville USA (Motown Historical Museum), one of Detroit's most popular tourist destinations. Cost includes: Transportation via motorcoach, Museum admission and Lunch. **Please note there is a fair amount of walking, and some steps involved on this tour.* Registration deadline: April 24, 2025

Midland, Michigan **\$149**
Tuesday, May 20
7:00 am - 6:30 pm **Bianco Tours**

This day starts with the Alden B. Dow Home and Studio Tour where you learn about this unique American architect known for his contributions to the style of Michigan Modern, with the concept of "gardens never end, and buildings never begin". **Please note this home is a National Historic Landmark and is not required to follow ADA guidelines. This tour is not wheelchair accessible.*

Then relax with lunch at Lucky's Steakhouse before visiting Dow Gardens, a 110-acre display of annuals and perennials punctuated by distinctive bridges, towering Pines and delightful water feature. Finally, immerse yourself in the forest on the nation's longest canopy walk, The Whiting Forest Canopy Walk. Cost includes: Transportation via deluxe motorcoach, lunch and admission to all attractions. Registration deadline: May 6, 2025.

Day in the D **\$136**
Friday, June 13

8:15 am - 5:15 pm **Bianco Tours**
 Start this adventure with a 2 hour on-and-off the bus guided tour on the beautiful Belle Isle, where you can sneak a peek at what's blooming at the new Oudolf Garden Detroit. The tour will include some other new sites, quirky outdoor art installations and a few familiar favorites. Enjoy some classic Italian cuisine at Andiamo Riverfront in the beautiful GM Renaissance Center Wintergarden. Then have some free time on Detroit's River Walk at Rivard Plaza before embarking on a 1-hour narrated tour on the Diamond Jack river vessel. Cost includes transportation via motor coach, tours, river cruise, and lunch. Registration deadline: May 30, 2025

Bay City, Michigan **\$130**
Friday, June 27
7:15 am - 4:45 pm **Bianco Tours**

A lumber and shipping town, Bay City has many stories filled with ghosts, legends and other folk lore. Tour the city with a local step-on guide, visiting turn-of-the-century buildings, quaint specialty shops, eateries and pubs.

Enjoy lunch at Krzysiak's House one of the most popular restaurants in the Bay area, serving authentic Polish food and a fun upbeat ambience. After lunch step aboard the Princess Wenonah and take a 2-hour cruise down the Saginaw River into the Saginaw Bay, while learning about the rich history of this old lumber and shipbuilding town. Cost includes transportation via deluxe motorcoach, guided tour, lunch and river cruise. Registration deadline: June 12, 2025



Purple Rose Theatre **\$150**
Wednesday, July 16

10:15 am - 6:45 pm **Bianco Tours**
 Another World Premiere production at the intimate Purple Rose Theater in Chelsea, Michigan. **Bert and Trixie Visit the Vet** by Matt Letscher. Four pets in the veterinarians waiting room plan an escape when they fear that one of them has been brought in to be put down or "never come back". A comedy about life, death, the family you choose, the family who chooses you, and what it means to be free. Lunch before the show is at Weber's Restaurant in Ann Arbor. Cost includes: Transportation via deluxe motorcoach, lunch and show. Registration deadline July 2, 2025

If you need special accommodations for travel, it is your responsibility to let us know upon registration.

Please call or visit Mahany/Meininger Center to register for all trips and see the complete list of trips offered. Overnight trips do offer rates for single rooms and triple rooms.

All prices and travel agent terms and conditions are notated on the trip flyers.

Extended Trips

Traverse City Fireworks **\$658 pp/DBL** September 4-6, 2025 **Bianco Tours**

Visit the Cherry Capitol of the World to see this unique fireworks display. Spend two nights at the Great Wolf Lodge and enjoy some of the classic offerings of this area. Tour the Sleeping Bear Dunes National Lake Shore, have a guided tour of the Pierce Stocking Scenic Drive. Spend time in Leland for shopping and lunch and then take in the spectacular International Fireworks Championship, where you will see the best in pyrotechnics. Day 3, walk through The Music House Museum, and see a unique set of instruments with a collection spanning from the late 18th century to 1950. Then spend the rest of the day downtown Traverse City for shopping and lunch before returning home. Cost includes: Transportation via deluxe motorcoach, 2 nights lodging, 2 breakfasts, 2 dinners and admission to all attractions listed. \$50 deposit due upon registration. Registration deadline and final payment due by July 21, 2025.

Mackinac Island Grand Experience **\$1,052 pp/DBL \$1,282 pp/SGL** October 19-22, 2025 (Sun. - Wed.)

Treat yourself to three nights at the fabulous, historic, and legendary Grand Hotel! mParks' Grand Experience Travel Program offers this unique opportunity for travelers to enjoy a "land cruise" at a greatly reduced rate. Take advantage of the many activities, tours, and lectures within the Hotel, or just relax on the fabulous front porch. Adventurous travelers will have plenty of time to explore the natural beauty of the island during this peaceful autumn season. This trip is not just for seniors!* Cost includes transportation via motorcoach, accommodations, breakfast each morning, Grand Luncheon Buffet two days, complimentary Grand Hotel tea and cookies each afternoon, a 5-course dinner each night, a special champagne reception, nightly dancing to the Grand Hotel Orchestra and many extras. Deposit of \$425 PER PERSON is due by May 23, 2025 and balance due August 15, 2025.

* Only one person per room must be 50 or older to attend (adults only).



Tropical Costa Rica **\$3499pp/DBL** February 27 - March 7, 2026

W/airfare from DTW and 14 meals
(8 breakfasts, 1 lunch & 5 dinners)

Highlights: San Jose, Coffee Plantation, Arenal Volcano, Cano Negro Refuge, Lake Arenal Cruise, Farm Tour and Lunch, Hanging Bridges or Canopy Adventure, and Guanacaste. Travel arrangements through Collette. Learn all the details at the Collette presentation (see below).

Shades of Ireland **\$5049pp/DBL** May 8 - 17, 2026

W/airfare from DTW and 13 meals
(8 breakfasts & 5 dinners)

Highlights: Dublin, Irish Evening, Kilkenny, Waterford, Choice on Tour: Waterford Crystal Factory or Waterford Medieval Museum and Wine Vault, Blarney Castle, Killarney, Jaunting Car Ride, Ring of Kerry, Limerick, Cliffs of Moher, Sheepdog Demonstration, Galway and Castle Stay. Travel arrangements through Collette. Learn all the details at the Collette presentation (see below).



Collette International Trip Information Meeting

Tuesday, April 22, 2025
9:30 - 11:00 am

A representative from Collette will be presenting and answering questions regarding these two trips. Please call the Royal Oak Senior Community Center 248-246-3900 to register for this informative presentation and to learn if these adventures are for you.

Medical Equipment Loan Closet

Our medical equipment loan closet is a donation-based service. We lend out items as they are donated to us, and there is no charge to borrow an item. You can keep the item for as long as necessary, but please return only clean medical equipment in good working order.

We only accept and lend out the following items: shower chairs, bed rails, bedside commodes, standard canes, knee scooters, large and standard adult wheelchairs, transport wheelchairs, raised toilet seats, reach assistance devices, rollators, and walkers. We do not accept any other items such as crutches, adult incontinence products, slings, medical tubing or nebulizers, air casts, wedge pillows, etc.

We inspect all items received to the best of our ability and lend them out in good faith. However, the city of Royal Oak and the Royal Oak Senior Center will not be held liable for any malfunction of equipment. All items are provided "as is." **Please call 248-246-3900 prior to donating equipment. We have very limited storage space.**

Teen Clean Closet at ROSC

As the non-profit has gained notoriety, we offer seniors incontinence products and hygiene products at no cost and without judgment. Their mission is to help young people and families in our area by providing them with products needed for everyday hygiene. If interested in dropping off new items, the front desk will accept them and give them to the organization. Items listed below are accepted:

- Shampoo/conditioner (for all hair types)
- Body wash
- Deodorant
- Toothbrushes, toothpaste, floss
- Skin care products
- Body moisturizer
- Period products
- Hair styling products
- Gels, hairbrushes, combs and accessories
- Lip care items
- Laundry supplies
- Nail care items



**For more
information go to
Teencleanet.com**

Welcome Newcomers

1st Monday, 10:30 am

April 7, May 5, June 2

FREE

Here's your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff.

Call ahead to register. Need a ride from your R.O. home? Call 248-246-3914.

Billiards

50¢ / day drop-in

\$3.00 / month unlimited

Two pool tables are located in the game room at the Mahany/Meininger Senior Community Center. Pool may be played Monday through Friday, 9:00 am - 4:30 pm.

Join the Pool Party!

Mondays, Wednesdays & Fridays

1:00 - 4:00 pm

A great group of regulars want to welcome new members. Stop by and play!

Pool Tournament

Wednesday, April 16, starting at 9:00 am

\$5 per person

Pool tournaments are returning! Players must preregister to play. On tournament day, players will draw a number for their partner. 8-Ball Rules will be followed. Donuts and coffee will be served. Prizes will be handed out after the last team finishes the game. Two tables will be available. Maximum 16 people.

Friday Recreational BINGO!

1st Fridays at 12:30 pm

April 4, May 2, June 6

Preregister by phone or in person

Royal Oak Senior Community Center hosts Friday Recreational BINGO. First Card FREE, all additional cards are 25¢ each (MAX 5 extra cards). Format is 5 regular games with prizes and one coverall round with a Grand Prize of \$5.00. Fall Bingo prizes are sponsored by Debbie Spencer REALTOR® AT Properties Realty. Join us for lots of fun!

Bingo is conducted solely for the amusement and recreation of the ROSC guests. Any and all revenue from Bingo is used towards future Bingo Coverall cash prizes.

The Royal Oak Senior Community Center no longer accepts donations of yarn or fiber crafts tools. Helping Hands, Sit n' Knit, and Crochet Creations will accept your donation directly. Bring your donations ONLY during the groups' meeting times listed below. The group will inspect and select the donations they need. Currently only accepting red, white and blue yarn.

Crochet Creations and Sit 'n Knit Combined

Beginning April 1

Tuesdays, 1:00 - 3:00 pm

50¢ per person/per session for room use
Attention all Yarn Craft Enthusiasts: These two groups are combining on a new day and time!

Come and join in on yarn arts, knit or crochet while visiting. Share works in progress, pattern discussions, and/or get help reading a pattern or learning a new stitch. Beginners are welcome. Get helpful advice from others. Drop-in fee is payable at the front desk.

Helping Hands

Tuesdays & Thursdays, 9:30 am

Do you like to knit or crochet? This group creates beautiful hats, scarves, lap blankets, and afghan blankets and donates them to Corewell Health, local churches, and other charitable organizations in the area. Feel free to drop-in. Beginners up to expert crafters are welcome!

Quilters

Tuesdays at 10:00 am - 2:00 pm

\$5.00 per month dues for room use

OR \$2.00 drop-in fee

Come join us for a day of hand quilting, machine piecing quilt tops and socialization. Dues are payable on the 1st Tuesday of each month. Fees are payable at the front desk.

Spring Craft Sale 2 Days Only!

Spring Craft Sale

Thursday, May 8, 9:30 am - 7:30 pm

Friday, May 9, 9:30 am - 3:00 pm

Shop for all the amazing crafts you need and want. Great for Mother's Day/Father's Day, grads, birthdays and anniversaries. No entry fee. Cash and check only. Vendor tables are sold out.

Kerry Price Sing-Alongs

3rd Fridays, 12:30 pm

April 25*, May 16, June 20

\$2.00 per performance CASH ONLY

Don't miss these musical programs written and performed by **Kerry Price**, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976! Admission payable at the door.

Band Jam and Vocals

Every Friday 1:00 - 3:00 pm

\$1 per person to play or to listen

Come sing and/or play at the Royal Oak Jam Session. All talent and skill levels of voice and instruments are welcome. Bring your instrument or vocal chords! A vast range of songs (new ones submitted by attendees). Everyone participates and everyone chooses songs. Text messages to volunteer group leader Jim for inquiries at 248-302-6036.

Drop-In Cards

Rubber Bridge

Mondays, 12:15 - 3:30 pm

\$1.00

Drop-in with a partner to play Rubber Bridge. Come early if you have no partner and we will try to pair you up.

Pinochle

Tuesdays, 12:30 - 3:30 pm

\$1.00

Drop-in for Pinochle and meet new friends.

Duplicate Bridge

Wednesdays, 12:15 - 3:30 pm

\$2.00

Drop-in with a partner to play Duplicate Bridge. For more information, visit roduplicatebridge.org.

Euchre

Thursdays, 12:30 - 3:30 pm

No Euchre May 8

\$1.00

Euchre is played with 4 players split into teams of 2. A deck consists of the Aces, Kings, Queens, Jacks, 10's and 9's of each suit. Rounds last 5 turns, or "tricks". Players place 1 card down, the card with highest value of the suit led wins the trick. Most points win the round. Must be able to play all 7 rounds. Must be knowledgeable in the game and able to keep pace with players.

M/M Book Clubs

In partnership with ROPL

Two options are available to fit your schedule. Free for everyone!

1st Thursdays, 11:00 am - 12:30 pm
Contact volunteer Reyes, 248-545-6064

This club chooses books by consensus among the members, and the Royal Oak Library provides the books to ROSC in time for discussions. Members must have a library card to participate.

4th Fridays, 10:00 - 11:30 am
Contact volunteer Doris, 248-586-0045

This group also chooses books among members and then votes on the order in which they read and discuss each. They are volunteer leaders, so don't hesitate to contact each other and ask questions.

Mah-Jongg Drop-In

Tuesdays, 1:00 - 3:30 pm
50¢ per session

This group is open to everyone who is interested in making friends, having fun, and playing American Mah-Jongg. Players of all levels are welcome, from beginners to experts, but a basic understanding of the game is required. Advanced players should be willing to assist novices as necessary. Join us for a fun time!

Wednesdays and Fridays,
9:30 am - 12 noon

Experienced players may drop in and play on Wednesday and Friday mornings. Players must follow National Mah-Jongg League rules only.

Mah-Jongg Beginner Class

Thursdays, 1:00 - 4:00 pm
May 1 - 22
\$50 / 4 weeks

For all beginning students or those wanting a refresher. Instructor Robin Kaufman grew up watching her mother play Mah-Jongg and developed a love for the game in her adulthood. Come well rested and with a clear head – there is a lot of information to absorb in the first class! The National Mah-Jongg League rules are followed; \$14 Materials fee payable to the instructor at the first class. Don't wait to sign up – 8-person maximum. Sign-up deadline: April 24, 2025.

Beginner American Sign Language (ASL)

Wednesdays, 5:30-6:30 pm
March 5 - April 23
May 7 - June 25
\$80 / 8 weeks

Lamarr Paige (BS, MAPM) will start fresh for everyone needing the basic building blocks to communicate with signs. She aims to help students in 6th grade and up properly form words and letters in discussions. Each class builds confidence by reviewing the worksheets handed out.

Japanese Sushi Education & Tasting with Takayuki Sakaguchi

Mondays, 5:30 - 7:30 pm
May 19, June 16, July 14
\$42 per person, per class

Don't miss out on the fun! Learn the proper techniques of sushi making with the former manager of Noble Fish. Taste your works of art as you go and leave with the knowledge to make sushi at home! Open to all ages. Please call by Friday before the date of class to register.

Foot Doctor

2nd Friday, every other month
By appointment only, 9:00 - 11:30 am
April 27, June 27
Dates subject to change

Dr. Adas will see patients at the Senior Center for your convenience. Most services will be covered by insurance. Call Dr. Adas' office directly at **248-478-6870** and ask to be seen at the Royal Oak Senior Community Center for your appointment.

Massage Therapy

By appointment only
30-minute massage \$35
60-minute massage \$60

Licensed massage therapist Heidi offers Swedish massage, stretching and relaxation techniques which help alleviate muscle tension, stress and nerve pain. Massage also improves circulation, promotes well-being and increases overall energy. Please call the center for an appointment: 248-246-3900. Books up fast!



Garden Club Meeting

Since 1932, the Royal Oak Garden Club has welcomed all garden enthusiasts. It is an excellent opportunity to meet new friends, work on community garden projects, and share expertise: monthly general membership meetings, multiple summer socials - and member garden walks. We offer free monthly educational programs/workshops, field trips, and more! For more information, email royaloakgardenclub@gmail.com or visit www.royaloakgardenclubmi.org.

Spring Silent Auction

Friday, May 2, 6:00 - 8:00 pm
M/M Senior Community Center

An array of gently used and new items are needed. Use paper and pen to bid; you don't have to be present to win the item. Buy it now option, cash, check, and Zelle.

Accepting donations of gently used or new items. Last year included gardening tools, odds and ends, theme baskets, gift cards, etc.

Spring Perennial Exchange

Saturday, May 17, 9:00 - 11:00 am
M/M Senior Community Center
FREE

Always a fan favorite organized by the Garden Club, this is a free twice yearly event. Plants need to be labeled for the benefit of those interested in taking them home. Bring your perennials in a container or bag to give away. Take new plants to add to your garden. Held indoors, rain or shine. No trees or woody shrubs allowed, please.

Susan Robb Crafting for All Ages

Grand and Me Candle Holder

Tuesday, April 22, 4:30 - 6:00 pm

\$7 + \$10 cash for supplies per person

Grandparents and grandchild each make a beautiful battery-operated candle holder, in a glass vase decorated with real dried pressed flowers and ribbon. Preregister.

Grand and Me Spring Wreath

Tuesday, May 6, 4:30 - 6:00 pm

\$7 + \$10 cash for supplies per person

Create a beautiful springtime grapevine wreath using greenery, painted pinecone flowers, and ribbon. Each grandparent and child will go home with their own creative wreath to hang on a door or wall. Preregister.

Seniors Create Candle Holder

Thursday, April 24, 12:00 - 2:00 am

\$7 + \$15 cash for supplies per person

Create a beautiful battery-operated candle holder using a glass cylinder vase decorated with dowel rods, eucalyptus, silk flowers, and ribbon placed at the pedestal base. Preregister.

Seniors Create Glass Decoupage Vase

Friday, May 9, 10:00 - 11:00 am

\$7 + \$5 cash for supplies per person

Glue delicate tissue papers to the glass, and tie them with an elegant ribbon. Once dried, the vase could hold flowers, sand, seashells, or a battery-operated candle. You can purchase the vase on your own after the class. Preregister.

Koffee Klatch

Fridays, 1:00 - 2:30 pm

M/M Senior Community Center

3500 Marais in Royal Oak

A discussion and networking group for LGBTQ+ community ages 45 and over. Meetings are open to any topic presented by those in attendance. Various social outings and potlucks are held throughout the year.

FREE!

Painting – All Media

Thursdays, 9:15 - 11:45 am

May 22 - July 10

\$56 / 7 weeks

No class July 3

Explore the exciting art world of watercolor or acrylic painting with instructor John Rash! Beginners through advanced artists will work in beginning to finishing techniques. A supply list is given at sign-up for those without any of their own supplies. Preregister.

Watercolor Painting

Friday mornings, 9:15 - 11:45 am

May 23 - July 11

\$56 / 7 weeks

No class July 4

Wednesday evenings, 6:15 - 8:45 pm

May 21 - July 9

\$65 / 8 weeks

Explore the exciting art world of watercolor painting with instructor John Rash! Beginners through advanced artists will work in wet-on-wet through to finishing with techniques that include dry brush. A supply list is given at sign-up for those without any of their own supplies. Preregister.

Art Show

M/M Center Lobby

Thursday, April 17

9:15 - 11:30 am

Come and see our very gifted Painting and Watercolor Class students' work! Their talent grows with each year, under the guidance of instructor John Rash. Some works will be for sale.

FREE!

Join the Creative Coloring Club!

March 3 & 17

Beginning April 7

Every Monday, 10:15 - 11:45 am

\$2.00 material drop-in fee or

\$5.00 per month

Discover the joy of coloring at the ROSC! Choose from beautiful designs on card-stock or from our selection of coloring books. All materials provided. Engage your mind and improve your fine motor skills while connecting with fellow coloring enthusiasts in a friendly atmosphere. Make coloring your new hobby. Call 248-246-3900 for more information.

Acrylic Painting with Gabriela

Wednesday, April 2, 1:00 - 3:00 pm

\$35

NEW!

Learn step by step to create this charming *Spring Birds* painting on a size 11" x 14" stretched canvas. Instructor Gabriela Orza encourages students to explore color and the effects of light. Suggested for beginners to intermediate. All levels are welcome. Help with drawing and painting projects will be available. All supplies included in class price. Limited class size; register early.



Mini Makers aka Wee Bees

1st Mondays, 10:00 am - 2:00 pm

April 7, May 5, June 2

Room 3 FREE

Do you like making miniatures or want to learn more about it? This group meets monthly to make projects that are "doll-house scale" or smaller. Feel free to drop-in to check us out! There may be materials costs or tools needed for some projects. No fee to attend. (If the building is closed for a holiday, we'll meet the next Monday.)

For more information, contact

CarrieStroup86@gmail.com

South Oakland Art Association

Since 1960

1st Tuesday of each month at the

M/M Community Center (Rooms 8 & 9)

April 1, May 6, June 3

6:30 - 9:00 pm

\$5.00 guest fee; Annual dues \$30.00

Artists and art lovers are welcome! Monthly meetings September through June feature speakers, demonstrations, paint-togethers and art-related activities for adults of all ages. Enjoy Artist-of-the-Month Contests, and participate in Art Fairs and our Annual Member Art Show & Sale (November 1-15, 2025).

For more information, visit

southoaklandart.com

or email **roac.carol@gmail.com**

Mahany/Meininger Center Presents

New For 2025: SENIOR VIBES!

EXCITING NEW DISCUSSION GROUP

Meeting on 2nd Wednesday of every month, 10:45 - 11:30 am

Join our Senior Vibes discussion group for a positive and relaxed atmosphere to spill the T! Here, you can freely discuss thoughts and feelings about situations impacting your surroundings. We aim to create a fun and happy environment by sharing joyful life experiences as we learn from each other. As a member, you'll find a sense of belonging, camaraderie, and mood boost through connecting with other older adults. The group is led by our Vibing Volunteer, Ilene Orlanski, a professional with training in group dynamics and facilitation, as well as prior volunteer experience in support group moderation. The group features built-in topics of discussion, exchange of ideas, occasional guest speakers, hot coffee, hot tea and hot topics!

A donation of 50¢ per person is requested to support the Center.

AARP Smart Driver TEK Workshop

Friday, May 2, 10:00 am

Smart Driver TEK is a 90-minute workshop offering an interactive way to stay up to date with the latest safety technology in your current or future car. Learn all about what new technologies are available, how they work, and how they can improve your peace of mind on the road. Register today and tell a friend - it's FREE!

Registration deadline April 25; call 248-246-3900.

FREE!

South Oakland Art Association

Adaptive Art Clinic

Saturday, May 3, 12:00 noon

Join the SOAA at the Royal Oak Community Center for a fun and inclusive art experience where creativity knows no bounds!

Volunteers will assist participants with their disability in creating a unique piece of art to take home. No prior art experience is necessary, and all materials will be provided. We look forward to seeing you there and celebrating the joy of creativity together!

To secure your spot, email SOAA200@gmail.com with your name, age, and phone number by April 15.

Questions? Email SOAA200@gmail.com

NEW!

Retirement Planning Fundamentals

Tuesdays, May 6 & 13

Thursdays, May 8 & 15

6:30 - 8:30pm

\$39.00 per registration: Decision maker, partner, or spouse free

An educational course for adults who are nearing retirement, already retired, or in the process of accumulating money for retirement. The course will help you develop money management skills that can last a lifetime, focusing on retirement planning, 401(K) & pension plans, tax savings strategies, investments, Social Security & Medicare, long-term care, and estate planning.

Classes fill up fast. Call 248-246-3900 to preregister.

Probate / Estate Planning FUNDamentals

Friday, May 9, 1:00 pm

\$3.00 registration fee

Presented by: Retired Oakland County Probate Register and Attorney, Jill Koney Daly

With anecdotes, insider insight, a fresh perspective & a little humor thrown in Probate / Estate Planning Fundamentals is an engaging and enlightening session with Jill Koney Daly, a seasoned expert with years of experience. Jill, who previously presented "Removing the Mysteries of Probate," will share valuable insights, including:

- Guardianships
- Conservatorships
- Estate planning tools
- Critical misconceptions surrounding probate.

She will also highlight the unrecognized pitfalls of joint ownership that many overlook.

This program is your opportunity to gain essential knowledge without the pressure of specific legal advice. Walk away equipped to impress family and friends, avoid common mistakes, and be a more informed legal consumer. Don't miss out on this chance to empower yourself!

Seating is limited. Call 248-246-3900 to register by May 5 or until we reach capacity.

FREE Special Talk "Skin Safety in the Sun"

June 13, 10:00 am

Call 248-246-3900 for more details.



Computer Club

2nd & 4th Wednesdays, 12:30 pm

Calling all beginner to experienced computer and tech enthusiasts. All levels are welcome to join our growing club; no membership required, drop in anytime! Guest speakers discuss various tech topics covering computers, cell phones, tablets, smart TVs, etc. There is always time for questions and answers so bring your tech questions. For more information, go to sterlingheightscomputerclub.org for topics and speakers. Donations accepted.

Ask the Computer Lady!

Tuesdays

11:00 am - 12:00 pm

12:15 - 1:15 pm

1:30 - 2:30 pm

\$35 / 60 minutes

Have your questions ready for Marta and be ready for an informative one-on-one session. Bring your laptop or Kindle, your Mac, Tablet, Android or iPhone, and learn how to check your email or make sure your security is up to date. Call ahead to register and pay: 248-246-3900.

Lunch and Learn Series

Receive a free lunch for all whom pre-register and attend a presentation. **Presentation is from 11:30 am to 1:00 pm.** Out of respect for the presenter, please remain for full presentation and silence all phones during workshop. Please, no carry-outs.

If you sign-up for a Lunch and Learn and fail to show up or call to cancel two times in a calendar year, you will not be permitted to sign-up for any Lunch and Learn sessions for the remainder of that year.

Do you experience neck, back, knee, and/or shoulder pain?

Monday, March 31

Presenter: Foundation Manual Physical Therapy & Performance

Do you experience neck, back, knee, and/or shoulder pain? Are you interested in learning about how your body works? Join Doug Johnson / PT, DPT, and OMPT/ for lunch. He will be reviewing basic anatomy, common causes, techniques, and the importance of appropriate physical therapy exercises in each area. In addition, you will also hear about the other services of Foundation Manual Physical Therapy & Performance: Orthopedic Manual Physical Therapy, Golf Therapy, Dry Needling, and Blood Flow Restriction Training.

RSVP by March 24; call 248-246-3900.

ABCs of Medicare

Tuesday, April 1

Presenter: Nate Lawson The Affinity Group

This is your opportunity for free unbiased information. When will I be able to enroll or make changes? The 4 essential parts of Medicare- A, B, C, D. How do I make sure I can keep my doctor? What is a Medigap plan?

RSVP by March 25; call 248-246-3900.

Find Out About Long Term Care Insurance

Tuesday, April 8

Presented by: Edward Jones Blackstone

Join this informative discussion on details about Long Term Care Insurance. The landscape of this type of care has changed over the past decade so come and learn about the latest information.

RSVP by March 31; call 248-246-3900.

Back by popular demand!

Home Safety BINGO! A Discussion on Aging in Place

Monday, April 14

Presented by: Atlas Home Safety

Hear about statistics on aging at home. Learn what items are available to ensure your aging in place happens safely. This program will help you understand what modifications will help you as your health needs change and how to increase your quality of life. All while playing BINGO!

Home Safety Bingo! is a great game that allows ATLAS Home Safety to educate seniors about aging at home as an option and products that are available. Home Safety BINGO is not a sales pitch, but an opportunity for Atlas Home Safety to give back to the community that has helped their business to grow and thrive. This event fills up quickly.

RSVP early and by April 7; call 248-246-3900.

Celebrate National Health Care Decision Day

The Gift of Certainty

Wednesday, April 16

Presented by: Angela Hospice

No one wants to think about getting a serious illness.

If that day should come, having an advance directive in place can help ensure you'll get the care you want, and your loved ones won't have to face the stress & conflict of making decisions for you without your guidance.

Learn the ins and outs of how to make your wishes known from the caring team at Angela Hospice.

RSVP by April 8; call 248-246-3900.

Annuities: The Good, Bad, and Ugly

Tuesday, April 22

Presented by: Nathan Lawson of the Affinity Group

Hosted by top Financial Advisor and National Annuities Trainer Confused by Annuities? You are not Alone! Come and learn more. This talk will reveal the latest strategies. Lunch provided as well!

- Learn the annuity sales pitches and "scare tactics" to look out for.
- What are the 3 main types of annuities and how they are designed to be used?
- Why do annuities have a bad reputation?
- What are the fees charged for annuities and where do you find them?
- What your financial advisor isn't telling you

RSVP by April 15; call 248-246-3900.

Green Memorial

Tuesday, May 6

Presented by A.J. Desmond & Sons Funeral Directors

Every year, more Americans choose green options for their end-of-life planning, but what does a "green memorial" really mean? Learn more about your environmentally conscious options and what you and your family should know. Join AJ Desmond & Sons Funeral for Lunch and you will discover:

- What environmental impact do your funeral options have on our planet;
- Where green burial is and is not practiced.
- What other environmentally friendly options are available to you.
- Why planning matters more than ever when selecting green memorial options.

RSVP by April 28; call 248-246-3900.



Reg Flag Investments and Estate Planning Workshop Monday, May 19

Presented by: Royal Oak Financial Advisors

John Dyer will discuss common red flags in investing and how to avoid them. He'll cover topics such as how to find a financial advisor, what investment you should avoid and knowing what your fees should be.

A special discussion from Ryan Plantrich on Medicaid, and estate and long-term care planning. Plenty of time for Q&A.

RSVP by May 12; call 248-246-3900.

Questions about Senior Living? Tuesday, May 27

Presented by: Pomeroy Senior Living

Topics to be discussed:

- Dementia 101 - after a loved one receives a diagnosis. What it means and what comes next?
- Senior Living outside of the home: What are my options? Explanation of Senior Living Acronyms CCRC, SNF, MC, AL, IL, etc. What they stand for and Pros and Cons of each. Is a Continuing Care Retirement Community right for me? Paying for Long-Term Care: Resources and Solutions.

Join Tammy from Pomeroy Living for lunch and find the answers to these questions and more! Enjoy a chance to win a prize!

RSVP by May 19; call 248-246-3900.

Turning 65 Workshop Tuesday, June 3

Presented by: Medicare Advisor Mark Steffens

Free Turning 65 workshop designed to take the confusion out of enrolling in Medicare. We will help you make an informed choice during this very important enrollment period. Here are some of the topics we will cover:

- What is Medicare and do I have to enroll? Enrollment, premiums, and penalties for Medicare?
- When do I sign up for Medicare? How to compare Medicare Advantage to Medicare supplements? Who is eligible for Medicare? Answer any questions you may have!

This is a very confusing topic, and we want to make sure you understand all aspects of Medicare so you can make the best decision for your healthcare coverage. No cost to attend and lunch will be served.

RSVP by May 26; call 248-246-3900.

This is an educational event; no products will be sold at this event. Mark Steffens is a licensed and certified agent who works with Medicare enrollees to explain Medicare Advantage, Medicare Supplement, and Prescription options.

Keep Learning with ROPL: Technology Help, and More!

4th Wednesday of each month

March 26, April 23, May 28, June 25

1:00 - 2:00 pm

FREE

A Royal Oak Public Library staff member will visit the M/M Center to answer your technology questions and ensure that you maximize your library membership. Whether you need a library card, have a smartphone question, need help with your email or want to learn about online resources, they can help! The focus will be on technology in March. Be sure to check back for future topics. It's FREE to attend. Please bring your own device if you have one. Call 248-246-3900 to RSVP in advance.



Royal Oak
PUBLIC LIBRARY

DJ Class with Todd Everett

Beginner

Mondays, April 7, 14, 28; May 21

6:30 - 8:30 pm

\$150 / 4 weeks

Advanced

Mondays, May 12, 19; June 2, 9 No class May 26

\$150 / 4 weeks

Whether you are looking for an exciting new hobby or dreaming of performing for live audiences, this class is your perfect starting point. With 30 years of DJing experience, Todd will teach you the essential skills to become a confident DJ. Learn the art of beat-matching, smooth transitions, and creative mixing techniques. Explore how to build playlists that captivate your audience and keep the energy flowing. This hands-on class gives you direct experience with professional DJ equipment, breaking down complex techniques into easy-to-follow steps. By the end of this course, you'll know how to create your own sets, entertain friends and family, or take your first steps into the DJing world. Whether you want to pursue DJing as a passion or a potential source of income, this class is your gateway to success.

Bring a laptop or DJ controller if you have one, but it is not required to take classes. A minimum of 5 people are needed to run the class and the maximum is 15.

Rummikub with a "Twist"

Every Tuesday, 11:00 am - 1:00 pm

50¢ each session

This group is open to everyone who would like to play Rummikub. We play with a twist. Our rules differ from the official rules. Much like Rummy style, only played with tiles vs cards. Players take turns placing numbered tiles in runs and groups. The "twist" allows players to tile horizontally and vertically, like a crossword puzzle. Game tiles are supplied by attendees at each meeting.

Please drop in to play and try it without any commitments or judgment. Our rules are a bit different but not challenging. We are willing to teach and show you how to play.

Chair Exercise with Cindy**Wednesdays, 9:30 - 10:15 am****April 23 - May 28****\$42 / 6 weeks****Fridays, 9:30 - 10:15 am****April 25 - May 30****\$42 / 6 weeks**

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasize posture, coordination, and fall prevention. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights, if you wish. Instructor – Cindy Erlandson.

Chair Yoga with Cindy**Wednesdays, 10:30 - 11:15 am****April 23 - May 28****\$42 / 6 weeks****Fridays, 10:30 - 11:15 am****April 25 - May 30****\$42 / 6 weeks**

This class consists of three 15-minute sections: first and last are performed seated, the middle section is performed standing using a chair for balance. Focus: breathing, relaxation, stretching for flexibility and balance practice, which also increases muscular strength. Instructor – Cindy Erlandson.

Meditation with Brian Black**Mondays, 7:00 - 8:00 pm****April 14 - May 12****\$50 / 5 weeks**

Brian Black has been a meditator for over 40 years. He is an ERYT (experienced yoga teacher), inspirational speaker, author, musician, and retired therapist and clergyman. In the East, they say the mind is like a monkey. To keep it from chattering all day long, we practice stilling it. Here in the West, meditation is well known as a technique to reduce stress and anxiety while research shows that it may also help enhance your mood, promote healthy sleep patterns, and boost cognitive skills.

Drop-in Line Dancing**Fridays, 1:00 - 3:00 pm****\$3.00**

This class consists of beginner and high beginner dances for those who **have some line dance experience**. Dances are done not just to country music but to many genres including pop, rock, oldies, Latin and Irish music. So come and join our line dance family for some fun and great exercise. Your body and mind will thank you for it! **NO BOOTS. MUST HAVE SOME EXPERIENCE.** Instructor-Jeannette Forster

Social Square Dance**Mondays, 1:00 - 3:00 pm****Wednesdays, 7:00 - 8:45 pm****Drop-in, \$7.00 per class, CASH ONLY**

This dance group will teach you how to move in a square of eight people. An excellent way to get cardio while still having low impact on joints. The directions are simple and Walt creates a fun atmosphere while calling out the moves. No partner necessary. Wear comfortable shoes that won't mark up our floors. Ask about monthly Friday evening dances with creative themes!

**Tai Chi Chen Style with Han****Thursdays, 9:15 - 10:00 am****April 3 - June 5****\$70 / 10 weeks**

Tai Chi Basic exercises are for beginner and continuing students. The class will include Tai Chi warm-up, gentle stretching, Tai Chi walking and silk reeling, and section one of Chen Style Tai Chi old form. To register, call 248-249-3900 or in-person at M/M Center.

Gentle Yoga**Mondays, 10:00 - 11:00 am****April 14 - May 19****\$42 / 6 weeks****June 2 - 30****\$35 / 5 weeks****Mondays, 1:00 - 2:00 pm****April 14 - May 19****\$42 / 6 weeks****June 2 - 30****\$35 / 5 weeks****Thursdays, 1:00 - 2:00 pm****April 17 - May 29****\$49 / 7 weeks****June 5 - July 3 No class June 19****\$28 / 4 weeks**

All spring/summer Gentle Yoga classes will be outside, weather permitting.

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility, and sense of well-being with breath awareness and movement. Relax and rejuvenate to look and feel better. Please bring a mat and wear comfortable clothing. Instructor Noreen Daly.

Zumba with Debbie M**Fridays, 12:00 - 1:00 pm****Drop-in, \$6 CASH ONLY**

Join Debbie as your instructor for a group class with lots of positive body movements. Wear comfortable clothing, athletic shoes and bring a bottle of water. On pleasant weather days the class is held outdoors. She will entertain you with her personality, get your blood pumping and teach you with the beat stomping music of Zumba routines. Beginners to advanced Zumba dancers are welcome, modifications can be made to keep students comfortable but remain involved. All abilities will gain health benefits. Weights are available for purchase from the instructor, but not required.





Fitness with Josh

All classes are drop-ins for \$10.00 each (cash only) and held at M/M Community Center (3500 Marais Ave.)

Josh has a B.S. in Kinesiology from Kansas State University. He can be found offering classes five days a week at the M/M Community Center. The beauty of these drop-in classes is no commitment if your schedule gets hectic and no worries about missing the first class then joining late into the session. However, the regular attendees are addicted and attend multiple classes a week!

All ages are welcome and equipment is supplied. In pleasant weather, classes may be held outside so dress accordingly.

Questions? Email Josh at GPCfitnessstudio@gmail.com.

Monday 30-Minute Morning Warm Up Two sessions for \$10.00!

Start the day with a short 30-minute session to wake up the body. Josh will help you personalize your time by focusing on strength, mobility, cardio and balance, or work on all of them!

Friday 60-Minute Morning Warm Up

Round out the work week with 1 hour of purposeful movements. Some mat work, resistance bands and weights with personalized modifications if needed.

Full Body Circuit

A staple class to incorporate most of your major muscle groups in various, challenging ways. A great way to gain exposure to a wide variety of fitness styles. Josh surprises class members with new and interesting things.

Senior Circuit

A group class of loyal followers with a laid-back mentality. Everyone has limitations such as injuries from wear, tear, or mobility issues, but that doesn't mean we can't improve! Use Bosu balls, resistance bands, body weight static moves, and much more.

Stability & Balance

The focus of this class is conditioning your body to stabilize and move more effectively. Joints in the ankles, hips, and back are points of instability that can be strengthened through challenging movements and static holds.

Mat Work

Excellent opportunity to become grounded using bodyweight strength, balance, flexibility, and mobility. Thick mats are provided.

Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 -10:00 am 30-Min. Warm-up	9:00 -10:00 am Full Body Circuit	9:00 -10:00 am Mat Work	9:00 -10:00 am Full Body Circuit	9:00 -10:00 am Hour Warm-up
10:00-11:00 am Senior Circuit	10:00 -11:00 am Senior Circuit	10:00 -11:00 am Senior Circuit	10:00 -11:00 am Senior Circuit	10:00 -11:00 am Senior Circuit
	11:15 am -12:15 pm Stability & Balance		11:15 am-12:15 pm Stability & Balance	

Tim's Kitchen

The current month's meal calendar will be available in the *Times* Newsletter and online at romi.gov. Menu is subject to change without notice due to availability. All meals are \$5.00 each and payment is due upon placing order either by phone with a credit card OR in person with cash, credit card or check. Ordering DEADLINE is by 11:30am THREE BUSINESS DAYS PRIOR to the date you want to purchase. Closure may affect cut off dates. There is no same-day purchase, punch cards, or walk-ins. DINE IN ORDERS CANNOT BE CHANGED TO CARRY-OUT. Carry-out lunches will be refrigerated in compliance with food safety protocols. Pickup until 4:00 pm. There are NO REFUNDS if you are not able to come in to eat or pick up your lunch.

Meals on Wheels

Meals on Wheels are available to home bound residents unable to travel to the Center. Call Western Oakland Meals on Wheels at 248-223-9160 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

Transportation

This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults with permanent disabilities. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. You are limited to six grocery bags and must handle them yourself. **Call 248-246-3914 between the hours of 9:30 am - 4 :00 pm** to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. Be ready for your pickup 15 minutes before and after your scheduled time. Drivers cannot always accommodate exact scheduled times. All buses are equipped with lifts.

Prepaid tickets are available:

\$24 / 5 round-trip tickets

\$14 / 5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Corewell Health, SMART Municipal and Community Credit Funds, and rider donations.

R.O.S.E.S. - Royal Oak Senior Essential Services

Are you in need of light home chores, minor repair work or temporary personal aid? If so, R.O.S.E.S. is here to assist! R.O.S.E.S. is a program providing a variety of supportive services to Royal Oak residents aged 62 and older and qualify for subsidy. You must live in your own home – alone, with a spouse, or with a disabled adult child. Seniors living with able-bodied adult children do not qualify for the subsidy assistance. However, R.O.S.E.S. will provide those who don't qualify for subsidy with service referrals, if requested.

To determine if you qualify, please submit a copy of either your most recent Home Heating Credit, Michigan Homestead Property Tax Credit, or your Individual Income Tax Return form. If you live in one of the senior high rises, you will need to submit the HUD Tenant Eligibility & Rent Procedures Form. The following subsidy scale will apply:

Income-One	Income-Two	Rate/ Hour
\$0 - \$20,150	\$0 - \$23,000	\$3
\$20,151-\$33,600	\$23,001-\$38,400	\$5
\$33,601-\$53,700	\$38,401-\$61,400	\$7

- Home Chores
- Home Repairs
- Personal Care

This service is sponsored by the City of Royal Oak. For questions and concerns, contact a R.O.S.E.S. specialist Monday-Thursday at 248-246-3919.

Anyone seeking an in-person meeting with the R.O.S.E.S. Aide Coordinator must call 248-246-3919 for an appointment.

Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

Looking for a Few Good Volunteers!

The M/M Community Center is always looking to introduce new programs. Do you have a few hours of time to spare each month?

Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at 248-246-3917.

Alzheimer's Association Caregiver Support Group

1st Mondays, 3:00 pm FREE

April 7, May 5, June 2

Facilitator - Theresa Neu

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe space for caregivers, family, and friends of persons with dementia to build support system with people who understand. It allows participants to exchange practical information on caregiving challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, as well as learn about community resources. The support group meets each month to encourage caregivers to maintain their own personal, physical, and emotional health, as well as optimally care for the person with dementia.

Aphasia Support Group

Thursdays, 10:00 am - 12 noon

This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

Low Vision and Blind Support Group

2nd Thursday, 10:00 am FREE

April 10, May 9, June TBD

Hosted by Henry Ford Health and the Detroit Institute of Ophthalmology

Royal Oak Senior Community Center offers a Low Vision and Blind Support Group, hosted by Henry Ford Health and the Detroit Institute of Ophthalmology. Through support groups, the Detroit Institute of Ophthalmology seeks to help those who suffer from vision loss by providing a comfortable environment to discuss the successes and challenges of living fully with visual impairment. Attendees will engage in open discussion and will hear from speakers on a variety of topics. Pre-registration is required. Contact Ashley Livshiz, Support Group Coordinator, at 313-936-1969.

Coming Soon! Older Adult Living Consultation

Speak to the expert from Pomeroy Living and hear specialized tailored information about Older Adult Living options. Call 248-246-3900 for more details and to schedule an appointment.

Grief Support – Living On

Hosted by Hospice of Michigan

1st and 3rd Fridays, 10:30 - 11:30 am

FREE

April 4 only; May 2 & 16; June 6 & 20

Living On is a series of ongoing groups where grief and loss topics are addressed as they arise, depending on the interests of those attending the group. The focus of this group is to express feelings and experiences related to the loss in a supportive, caring and non-judgmental environment.

Registration required. Contact Cindy Palmer, Grief Counselor, at 248-334-1323 or email cpalmer@hom.org.

Legal Consultations

3rd Wednesday No Fee

April 16, May 21, June 18

By appointment only

Soren Andersen has completed 40 years of law practice. Most of those years have been as a sole practitioner private attorney. His practice includes consumer and small business issues, debtors' rights and creditors remedies, real estate transactions, probate administration, and estate planning. Provided free 20-minute consultations to older persons. Consultations will be in person. A fee will be charged for additional services. Please call ahead to request an appointment.

SHIP Counselor by appointment

SHIP is your local State Health Insurance Assistance Program. SHIP provides unbiased help to Medicare beneficiaries, their families, and caregivers. Call for an appointment when choosing health plans. SHIP Counselor can assist in questions regarding Medicare, Medicare part D prescriptions plans, and Medicaid. Call Carolyn Marsh at 248-246-3900 for in-person assistance.

Outreach

Our Outreach Administrator is available to help residents aged 62 and over through the sometimes overwhelming process of obtaining needed services. Please call (248) 246-3900 with your concerns about personal care, housing or other independent living requests. An in-home visit to assess needs is available through this service at no cost.

Rentals at M/M Community Center

3500 Marais Ave., Royal Oak, MI 48073

Rentals are available Monday through Saturday only. Building closed on Sundays. A \$200 security deposit and full payment is due upon booking.

The security deposit is refundable if the following conditions are met:

- Premises are left in the same condition as the start of the event. No tape on walls.
- Trash has been taken to the dumpster
- Tiled floors have been swept
- Tables and chairs returned as they were upon arrival
- Coffee service is available for a fee*
- No additional fee for projector – must bring own laptop. TV monitor is some rooms.
- No alcohol or bounce houses are allowed on the premises.

CANCELLATION POLICY: A full refund will be given with 48 hours advanced notice, otherwise it will be forfeited.

If you would like to book a rental or require further information, visit romi.gov/368/rental or call **248-246-3911**.

Room/ Facility	Rental Rate per hour		Maximum Occupancy	Details
	(w/food)	(w/o food)		
Lounge 608 sq ft	N/A	\$25	12	Square tables, chairs, carpeted floor, windows overlooking Arboretum
Game Room 1088 sq ft	N/A	\$25	20	Square tables, chairs, carpeted floor; use of pool tables is NOT INCLUDED
Room 1 400 sq ft	\$35	\$30	20	Tables, chairs, carpeted floor, dry erase board
Room 2 416 sq ft	\$45	\$40	20	Rectangular tables, chairs, sink coat rack, pull-down, screen, carpeted floor
Room 3 638 sq ft	\$50	\$40	40	Rectangular tables, chairs, tiled floor, sink, dry erase board, 50" wall-mounted monitor
Rooms 4 & 5 4416 sq ft	\$65	\$55	100-150	Oval tables (seat 8 each), 84" round table, chairs, tiled floor, 86-inch monitor, 12 ft ceiling, windows overlooking Arboretum, sound system & microphone
Room 7 280 sq ft	\$30	\$20	12	Tables, chairs, carpeted floor
Rooms 8 & 9 1040 sq ft	\$55	\$45	45	Rectangular tables, chairs, tiled floor, 75-inch monitor, two sinks
Patio 2275 sq ft	\$35	\$25	N/A	Cement pavement, surrounded by Arboretum
Parking Lot 105 regular spaces 10 accessible spaces	\$75	\$75	N/A	Call for details. Must provide own Liability Insurance

* **Coffee Service** is available at time of booking. Preparation includes regular or decaf brewed coffee, hot water, teabags, paper cups, powdered creamer, sweeteners, stir sticks and napkins. Fees are as follows:

30-person, \$20; 55-person, \$30; 100-person, \$35; 150-person, \$40; 200-person, \$50



Royal Oak

Life Now Playing

Mayor

Michael Fournier

Monica Hunt, Mayor Pro Tem
Rebecca Chezzum

City Commission

Sharlan Douglas
Amanda Herzog

Brandon Kolo
Melanie Macey

Property Tax Assessment Hearings

The Royal Oak 2025 Board of Review hearings will begin on **Monday, March 10**, and continue through **Tuesday, March 11**. Additional hearing dates may be added if necessary.

Notices of new assessed valuations are mailed to property owners every year prior to the Board of Review hearings. The hearings are held for residents who wish to contest their new assessments. Protest at the Board of Review is necessary to protect your right to further appeals to the Michigan Tax Tribunal for valuation and exemption appeals and/or the State Tax Commission for classification appeals. Real or Personal properties classified Commercial, Industrial, or Utility may be appealed to the regular March Board of Review or directly to the Michigan Tax Tribunal without protest to the March Board of Review prior to May 31.

You must have an appointment to appear before the Board of Review. You may visit the Assessor's Office in City Hall or call (248) 246-3110 to schedule an appointment. **The deadline for appointments is Monday, March 10th at 4:30 p.m.**

The hearings are scheduled to be held in conference room 122 in City Hall, located at Third and Troy Streets just south of the Royal Oak Farmer's Market. The initial schedule is **Monday, March 10** from 9:00 a.m. to 12:00 p.m. and 6:00 to 9:00 p.m. and **Tuesday, March 11** from 9:00 a.m. to 12:00 p.m. and 6:00 p.m. to 9:00 p.m.

Any agent representing a taxpayer must present written authorization to the Board of Review at the time of his or her appointment. Authorization letters must be specific to the 2025 tax year, include a single parcel identification number, the name of the authorized agent, the authorizing party's original signature, and the date of signing.

A property owner or agent representing taxpayer must provide articles of organization for a limited liability company to prove ownership.



Know Your Water Bill

A question we are often asked is "What is the 'Sewer Amount Due' on my water bill?"

Water and sewer charges are based on water consumption, as measured by your water meter. For each unit of water measured by the water meter (which equals about 750 gallons), water customers are billed one water unit and one sewer unit. The current billed rate for a unit of water is \$14.15 for the first 20 units used - or \$4.93 for freshwater delivery (water) and \$9.22 for wastewater treatment and removal (sewer). For usage over 20 units, the rate is \$16.28 per unit - or \$5.67 for water and \$10.61 for sewer. The difference in the price between water and sewer charges is due to the higher cost of treating and sanitizing wastewater than what it costs to deliver fresh water. Rates for water and sewer are applied uniformly to all water consumers - whether they are single residential, apartment, condo, commercial, or industrial.

Royal Oak and nearby communities have a combined storm & sanitary sewer system. The combined sewer system is the reason that all water use (including outdoor watering) is billed both water and sewer charges. The same sewer system that handles household wastewater is also used for stormwater processing and street runoff. Wastewater runs through the city's sewer system to the George W. Kuhn Retention Treatment Basin in Madison Heights, and the treated wastewater is discharged into the Red Run and eventually to Lake St. Clair.

Want to Avoid Paying Additional Fees?

Did you know you can avoid paying a service charge when paying City taxes and water bills online or over the phone? Paying with a debit or credit card incurs an additional 3% fee on a tax bill with a minimum charge of \$2.95, and a flat rate of \$3.95 for water bill payments, with a maximum transaction of \$400. Paying by electronic check or "E-check", using your routing and bank account number, means there is no service charge and the per transaction limit is considerably higher (\$125,000 for tax or water).

When using your bank's bill pay service, be sure that your payment is being sent as an electronic payment and not a paper check. If we receive a check without a tax or water bill stub to verify where you want your payment applied, you will be charged a \$15 duplicate bill fee.

To obtain another copy of your tax or water bill or to pay your bill online, visit www.bsa-online.com by using the QR code below or call 844.624.2396.

Look up on BS&A





Yard Waste Reminder

Up to April 4, 2025, residents need to either hold onto yard waste materials until the program starts on **April 7, 2025** or residents can take a limited amount (10 bags per day) to SOCRRA at 995 Coolidge, free of charge, until the program begins April 7, 2025. Please call (248) 288-5150 for details. The best way to handle grass clippings is to not collect them. Grass clippings are good for the lawn. **By appointment only.**

Reporting Streetlight Outages

The City of Royal Oak continues to work with DTE Energy to expedite the repair and maintenance of streetlight outages, please call the City of Royal Oak Department of Public Service at 248-246-3300, Monday - Friday, 7:30 am - 4:00 pm with the following information:

1. The specific streetlight location (i.e. the nearest cross streets, nearby address, etc.).
2. Whether the pole is wooden or metal.
3. The streetlight pole number (if possible).
4. Details about the outage (i.e. light out, light turns on and off, light stays on during the day, etc.)

Please be aware that DTE policy allows a two-week response time once the problem has been reported to DTE. In cases where a pole has been knocked down or if there is any other emergency, please call DTE Energy at 800-477-4747.

What to Do About Sewer Problems

Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner's sewer line, it is the homeowner's responsibility to call either a plumber or a sewer cleaning company. For full details on water and sewer emergency procedures, consult the City's website at www.romi.gov.

Refuse and Recycling Directory

Department of Public Services (DPS)..... 248-246-3300
(Calls regarding garbage and recycling pickups)

SOCRRA MRF/Drop-off Center 995 Coolidge..... 248-288-5150
Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive and household batteries; paperback and hardcover books; all paper (except carbon); used clothing; screw-off lids/caps; styrofoam (no peanuts).

Please visit www.socrra.org/recycling-drop-off for accepted drop-off recyclables.

Household Hazardous Waste Disposal & Electronic Recycling

Drop-off at 995 Coolidge: Monday-Friday, 8:00 am - 3:00 pm; Saturday, check website for limited hours.

BY APPOINTMENT ONLY. Visit socrra.org for more information.

Hazardous Waste – To dispose of: automotive products, lawn/garden products, cleaning products, fluorescent light bulbs, insulin syringes (in rigid container), oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned. NOT ACCEPTED: unlabeled containers with unknown contents, radioactive, explosives or hazardous waste from businesses.

Used Electronics – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc. **Residents must remove sensitive or personal information from ALL devices.**

Recyclables – All plastic as long as it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; newspaper; magazines, catalogs, paper, mail, paperback books, food/beverage/drink/juice boxes, paper cups; phone books; (flattened) corrugated cardboard; paperboard. Place everything loose in recycling bin/toter and set at curb on refuse day before 7:00 am. Material cannot stick out of the toter/bin.

No styrofoam or batteries at curb. These items must be dropped off at SOCRRA by appointment.

Regular Refuse – Put household materials in the blue 64 gallon city issued trash can. You may continue to use 20 to 32 gallon containers (max. size) or in 20 to 30 gallon plastic bags. Put all trash at curb by 7:00 am. Non-city issued cans and bags cannot weigh over 40 lbs. Containers under 20 gallons will be considered expendable and may be thrown out with the trash. **Yard waste cannot be mixed with trash at any time due to state law.**

Yard Waste – Picked up curbside from April 1 through third week of December: Separate non-woody material as well as woody yard waste (up to 2" in diameter) from regular refuse and put at curb by 7:00 am in a 32-gallon container with a yard waste decal (decal must face street) or in a paper landscape bag. Containers/bags cannot weigh more than 50 lbs. **Yard waste cannot be mixed with trash at any time.** Plastic bags are not acceptable. Not picked up as either yard waste or trash after third week of December to March 31. Either hold on to until program begins April 1 or call SOCRRA for disposal (248-288-5150).

Leaf Vacuum Program begins at end-October. Rake leaves into street according to city schedule or put into acceptable containers and set at curb by 7:00 am of refuse day until third week of December. For pick-up schedule, check *Insight*, WROK Cable (Channel 17 or 10) or the city's website at www.romi.gov.

Brush, Tree Trimmings & Shrubs – Tie woody material between 2"-5" in diameter in bundles up to 4' long and 15" in diameter, weighing no more than 40 lbs. each (under 2" SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact a private tree company (the city's recommended chipping contractor is JH Hart, 586-795-5581).

Broken Glass – Wrap in heavy paper or place in cardboard box or metal can with lid and mark as broken glass. Put with regular refuse NOT in recycling bin/toter.

Appliances (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side (state law).

Carpeting & Padding – Roll and securely tie no longer than 4' in length and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

Latex Paint – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRA for disposal. Refer to Hazardous Waste for hours.

Excluded Curbside Items – The following items are **NOT** acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, engines, transmissions, rear axles, construction items, loose items such as bricks or concrete (even if it's attached to something). These materials must be disposed of privately. See www.socrra.org or call 248-288-5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant's personal repair or remodeling are acceptable. However, items cannot be longer than 4' in length, must be bundled and weigh less than 40 lbs. per bundle.

Holiday Refuse Collection – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected for any other holidays or when the above holidays fall on a weekend.



Yard Waste Separation Begins April 7

What is yard waste?

Grass clippings, leaves, spent flowers and garden plants, weeds, pine needles, pine cones, acorns, chestnuts, walnuts, apples, Halloween pumpkins, corn cobs and husks, vines, straw (dry bales less than 40 lbs.), wood chips, woody material up to 2" in diameter and small shrubs (no root balls), untreated, unpainted wood boards with nails removed, sawdust and wood shavings. **All containers must weigh less than 50 lbs.**

How do I prepare yard waste for collection?

Yard waste may be placed in 32-gallon trash cans, clearly marked with a "Yard Waste" sticker facing the street (available at some city offices) or brown paper yard waste bags available at most stores. Containers or bags cannot weigh more than 50 pounds each.

Why must I separate these items?

Yard waste is banned from disposal in Michigan landfills. SOCRRA converts yard waste into compost, a useful nutrient rich soil amendment.

Is yard waste collected year-round?

No, weekly curbside collection is provided from April 1 through the third week of December.

What if I have yard waste when collection isn't provided?

SOCRRA residents can bring yard waste to the SOCRRA Transfer Station at 995 Coolidge Road in Troy at no charge after the third week of December through March 31 - limit 10 bags per day per household. (No contractors or landscapers please).



Brush & Branches

Brush and branches are generally considered to be branches between 2" and 5" in diameter. Small twigs (less than 2" in diameter) are not considered brush and should be placed with yard waste.

What do I do with brush and branches?

Bundle brush and branches securely with twine (bundles no longer than 4 feet in length or 15" in diameter) and place at the curb by 7:00 am of collection day. Bundles cannot weigh more than 40 pounds. Please set bundles so that large end of branches are closest to the street. Bundles will be taken with trash.

What about logs, firewood and lumber?

Logs or firewood must be less than 5" in diameter, cut to 2 foot lengths, bundled securely, weighing less than 40 lbs. per bundle. Logs or firewood over 5" in diameter must be disposed of privately. Lumber (without nails) must be cut to 4 foot lengths or less, bundled, weighing less than 40 lbs. each. Bundles must be next to your trash for collection by 7:00 am.

Dispose of Hazardous Materials Year-Round

Is your basement or garage filled with unwanted chemicals, paints and other hazardous materials? According to the Environmental Protection Agency, the average home can accumulate as much as 100 pounds of HHW (Household Hazardous Waste) in the basement, garage and storage closets!

Drop Off Hours:

Monday - Friday: 8:00 am - 3:00 pm

Saturday: Check [socrra.org](http://www.socrra.org) for limited Saturday hours

APPOINTMENT REQUIRED.

What is Household Hazardous Waste?

Many common household products can pose a hazard to human health, groundwater and the environment if they are not handled properly for disposal. Placing items such as paint, automotive products, car batteries, pesticides and more in our trash is NOT the most environmentally sound way to get rid of them.

HOUSEHOLD HAZARDOUS WASTE: Items collected through the program include toner and ink jet cartridges, paints, solvents, garden chemicals, household cleaners, insulin syringes (in rigid containers), medications (in unmarked zip-top baggies), most automotive products, large amounts of cooking oil, rechargeable batteries and compact fluorescent light bulbs. Please note: containers should be clearly marked and will NOT be returned. SOCRRA may refuse if containers are unlabeled, radioactive, explosive or from a business. For a complete list, please visit www.socrra.org - **APPOINTMENT REQUIRED.**

ELECTRONIC EQUIPMENT is also collected through this program. SOCRRA accepts computer monitors, CPUs, printers, TVs (no wooden TV cabinets) radios, telephones, cell phones, copy machines, fax machines, stereos, VCR/DVD/CD players. For a complete list please visit www.socrra.org. **Please note: residents must remove sensitive or personal information from ALL devices.** **APPOINTMENT REQUIRED.**



As a member of SOCRRA, the regional recycling authority, Royal Oak residents may take advantage of these programs offered daily, year-round. The collection site is located at 995 Coolidge (about ¼ mile north of 14 Mile, across from the Meijer gas station). This program offers residents a convenient and effective means of disposing of those materials that should not be placed in the trash.





Recycling & Trash Compactors at Park Shelters

Please put **RECYCLING** through blue door:

- Empty juice boxes (discard straws & juice pouches)
- All empty plastic bottles
- Clean paper products (paper decorations, boxes, etc.)
- Empty paper & plastic cups & lids (coffee, pop, etc. ~ discard straws)
- All clean aluminum containers
- Pizza boxes without grease or food (discard liners & white pizza saver)
- Plastic veggie & fruit containers
- Wrapping paper (no foil paper, ribbon, bows, etc.)

Please put **TRASH** through black door:

- All paper & plastic plates
- Styrofoam containers (or take to SOCRRA)
- All silverware, serving utensils, etc.
- Napkins, paper towels
- All food
- Snack food bags (potato chip, etc.)
- Plastic tablecloths
- Plastic bags (or take for recycling)
- Soiled food containers (aluminum, plastic, trays, etc. If clean, can be recycled)
- All straws
- All non-paper decorations

WHEN IN DOUBT, THROW IT OUT!
(otherwise it contaminates the load
and will be discarded)





Royal Oak RECYCLE RIGHT

ACCEPTED

Take a pause to
recycle right



CARDBOARD &
MIXED PAPER



PLASTICS
GUNK FREE



METALS



GLASS



CARTONS



When in Doubt,
throw it out!



NOT ACCEPTED

TANGLERS



SOFT PLASTICS



STYROFOAM



BATTERIES



SMALL ITEMS



COMPOST



Learn how to recycle
just about anything!



Royal Oak
SUSTAINABILITY



Royal Oak YARD WASTE RIGHT

YARD WASTE DO'S

YARD WASTE



GARDEN & TREE WASTE



RAW FRUITS & VEGETABLES



50 LBS. MAX PER BAG | GRASS CLIPPINGS | LEAVES | SOD | SPENT FLOWERS
GARDEN WASTE | BRANCHES (2" IN DIAMETER OR SMALLER) | TREE/SHRUB TRIMMIINGS
WOOD CHIPS | PUMPKINS | STRAW | DIRT/SOIL | RAW VEGETABLES | RAW FRUITS

YARD WASTE DONT'S

COOKED FOOD



PAPER PRODUCTS



COFFEE & TEA



PERSONAL CARE



BREADS/GRAINS



PLASTIC BAGS



MEAT & DAIRY



PET WASTE



BPI CERTIFIED DINNERWARE



Royal Oak
SUSTAINABILITY



Is the water in your home delivered by a lead or galvanized steel service line?



Because ingestion of lead is known to be hazardous to health, the Department of Public Services is committed to finding and removing all lead/galvanized water services connected to the city's water system. In that effort, DPS staff is reviewing its records to determine the material type at each home. Our records, however, only indicate what material was used on the publicly-owned portion of the water line – typically between the property line and the water main. The other section of pipe – often referred to as the 'private side'

of the water service, was installed with the construction of the home and choice of water line materials was that of the contractor and/or homeowner. Our records do not reliably indicate what materials were used on the privately-owned portion. That's where you come in.

If you **know** that the water service pipe coming into your home is made of lead and/or galvanized steel, please tell us about it. And if you'd like to be included in a future replacement project, visit www.romi.gov/gettheleadout to learn about the program and to get on the replacement list.

Lead and/or galvanized service lines will be replaced at no cost to the homeowner.

For more information on reducing exposure to lead from drinking water, visit www.michigan.gov/mileadsafe.



Drinking Water: We Need Your Help

The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., who does not appear to be a City employee, please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

Residential Cross Connection Control Program

The City of Royal Oak is required under Public Act 399, Part 14, to maintain a cross connection control program to identify and eliminate any possible connections that could contaminate the public water system.

To fully comply with this state mandate, the city has contracted with HydroCorp of Troy, MI to assist with facilitating a Cross Connection Control Program.

Inspectors from HydroCorp will be in Royal Oak neighborhoods reviewing exteriors of homes for connections that could possibly contaminate the water distribution system. A typical site visit lasts approximately five minutes and the inspector will be looking at exterior garden hose connections, lawn sprinkler systems, and any other water sources.

There are no fees for the inspection; however, in circumstances where cross connections exist, any costs associated with the replacement, modification, installation and/or testing of backflow prevention assemblies remain the obligation of the homeowner.

The city's website has answers to frequently asked questions regarding the Cross Connection Control Program at www.romi.gov/cccp. Informational brochures may also be picked up at the Royal Oak Public Library and at City Hall.

Additionally, residents may call HydroCorp directly at 1-800-690-6651 or email residential@hydrocorpinc.com. You can visit HydroCorp's website at www.hydrocorpinc.com/resources/faq.



What's Lost in a Leak?

Water is Precious – Use It But Don't Waste It



One of the more common causes of water waste is the leaky faucet. Though it can be seen, the amount of water that can be wasted by such a leak is seldom appreciated. Toilet leaks are common too, and they are a little more difficult to detect. The escape of water from tank to bowl is often so slow that the movement of the water is not discernable. A quick check can be made by dumping some laundry bluing in the tank after it has filled and become quiet, and watching for its appearance in the bowl. Even if no leak is detected, the test should be repeated, as such leaks are often intermittent.

Outside the house, too, leaks often remain undetected because the water they waste soaks into the ground. Outside fixtures or underground pipes are often guilty of such undetectable leaks, as are garden hoses and similar equipment when left attached.

If you have reason to suspect a leak, your meter furnishes you with an excellent checking device. To make a leak test, turn off all faucets and other water outlets, and keep watch on the hand of the one-cubic-foot or a flashlight on the meter face for ten or fifteen minutes. If the hand continues to move or there is water use recorded on the meter face, you will know there is a leak. You can measure the size of the leak by timing the hand or taking a timed beginning and ending reading from the meter to see how long it takes to waste a given quantity. If a hidden leak is indicated, call your plumber immediately. You will save money by having the wasted water stopped at once. If the leak is wasting a considerable quantity, you may want to consider shutting off the water at the meter while you are waiting for repairs.



1/32" leak wastes 25 gallons in 24 hours



Help Protect Our Environment: Keep Drains Clear of Fat, Oil & Grease (FOG) and Flushable Wipes (FW)

Fat, oil and grease (FOG) and Flushable Wipes (FW) in sewer pipes can create severe pollution and sewer problems in our City. FOG & FW enters sewer pipes through restaurant, residential and commercial drains. Once in the sewer, FOG sticks to the pipes and thickens which can build up and eventually block the entire pipe. FW can easily get stuck on FOG and other items within the sewer pipe compounding the problem. Blockages can send sewage backward – out of manholes into streets, rivers or into homes.

Impact of FOG & FW

Preventing sewer backups from FOG & FW blockages saves residents money and protects the environment. When sewer pipes on private property back up, the homeowner is responsible for the cleanup. If you regularly pour grease or FW down the drain, it will form a blockage in the sewer pipe which then backs up through floor drains, toilets and/or at the lowest point in the house. A plumber will have to be hired to clean the sewer and possibly repair plumbing inside the home.

Sources of FOG

Fat, oil and grease are by-products of cooking found in: food scraps, meat fats, lard, cooking oil, butter, margarine or shortening, etc.

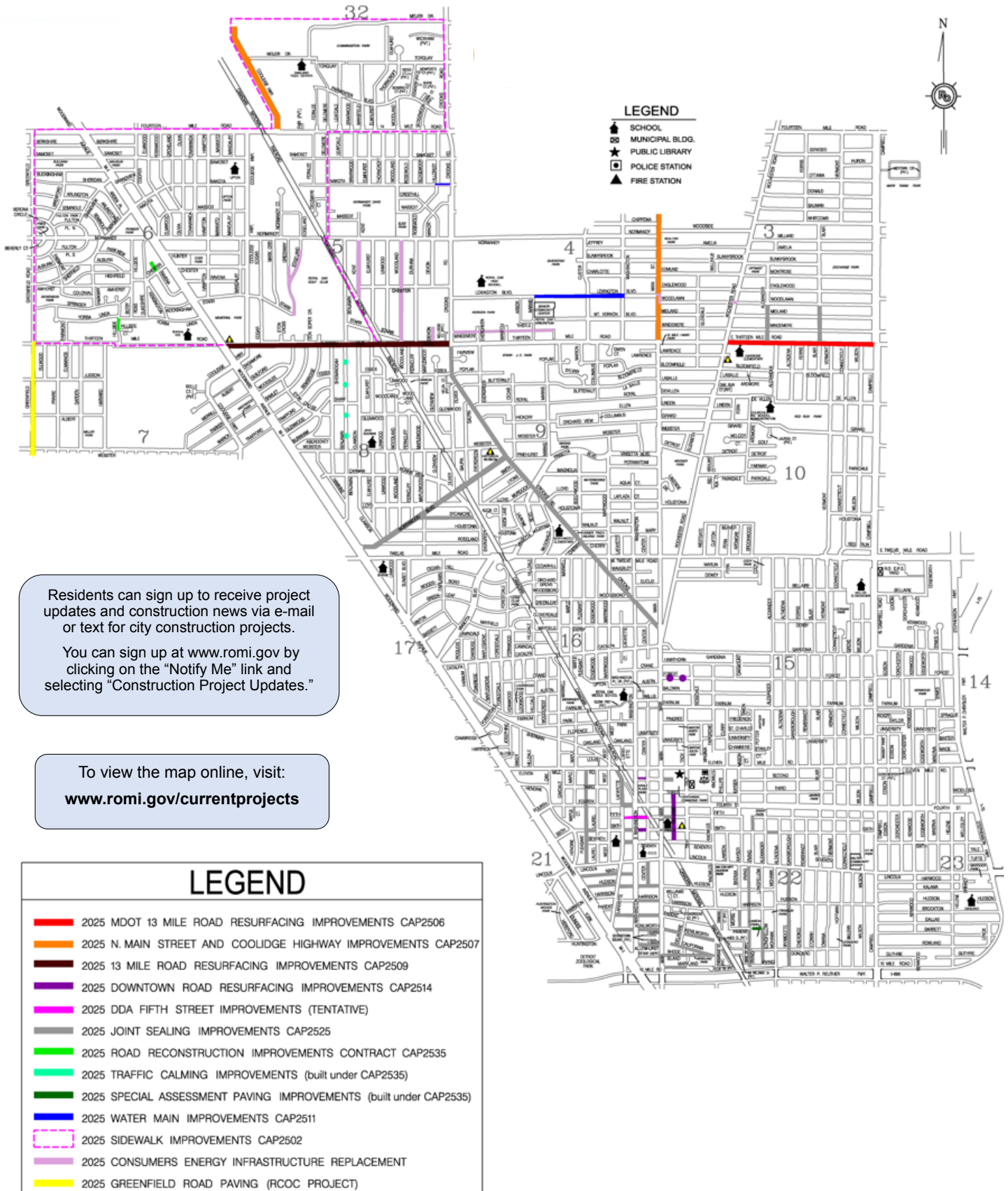
"Flushable" Products

Wet wipes, which are used for everything from wiping babies' bottoms to removing makeup to quick house cleaning are labeled "flushable." The problem is they're really not ~ at least not the way toilet paper is. They may be flushable, but they are not biodegradable (like toilet paper) and are clogging sewer systems across the state and country. The phenomenon, which local officials call ragging, is causing major clogging problems. All it takes is one wipe to catch on a tree root or any other debris in the sewer system and then wipes or other items pile on each other causing a blockage. If residents think "out of sight, out of mind, it's not my problem" they are mistaken. If a main sewer line gets dammed by a pile of wipes, then eventually it will back up into private sewer lines which will cause a back-up in people's homes.

Unfortunately, the most frequently found items in sewer systems are paper towels/napkins, baby wipes, feminine hygiene products and household wipes which don't deteriorate like toilet paper does. The only items that should be flushed is toilet paper and human waste; please throw everything else in the garbage.

Keep Drains Clear by Following These Tips

1. Pour or scrape greasy or oily food waste into a container or jar.
2. Allow grease to cool/freeze in a container before throwing in the trash.
3. Mix liquid vegetable oil with an absorbent material such as cat litter or coffee grounds in a sealable container before throwing in the trash.
4. Keep drains clean by pouring ½ cup baking soda down the drain followed by ½ cup vinegar. Wait 10 – 15 minutes and then rinse with hot water.
5. Do not put any flushable products down the drain, please throw in the trash.





City of Royal Oak 2025 Construction Projects

The city will continue various construction improvements throughout the city in 2025 as outlined on the map on the previous page.

Road Millage Improvements

The Royal Oak Engineering Division will continue implementing the city's 2.5-mill road millage, which was renewed by voters in 2023. This renewal extends the road millage an additional 10 years (2025-2034) primarily focusing on major roads.

Major Road Projects: These streets will have minor concrete base repairs and partial curb replacement followed by asphalt milling and resurfacing with hot mix asphalt. There will be lane restrictions throughout construction.

- **13 Mile Road (west section):** 13 Mile Road will be resurfaced this Spring from Woodward Avenue to Crooks Road. The road is shown in brown on the project map. The estimated construction cost is \$2.5 million.
- **13 Mile Road (east section):** 13 Mile Road will be resurfaced this fall from Rochester Road to Campbell Road. This is a joint project with MDOT. The road is shown in red on the project map. The estimated construction cost is \$1.4 million, which is funded by MDOT and the city.
- **Coolidge Highway:** Coolidge Highway will be resurfaced from 14 Mile Road to the north city limits this summer. Access to businesses will be maintained throughout construction. The road is shown in orange on the project map. The estimated construction cost is \$1.1 million.
- **N. Main Street:** N. Main Street from 13 Mile Road to the north city limits will be resurfaced this summer. The street is shown in orange on the project map. The estimated construction cost is \$1.1 million.

Local Road Reconstruction and Traffic Calming: Sections of Ravena Avenue and Hillside Drive will be reconstructed this spring. Pavement on these streets will be completely removed and replaced with new concrete. These streets are shown in green on the project map. On Benjamin Avenue, four mini traffic circles will be installed between Webster Road to 13 Mile Road to help reduce speeding along the corridor. The estimated construction cost for these projects is \$400,000.

Joint Sealing Project: These streets will be joint sealed to extend the service life of the pavement. These roads are shown in gray on the project map and the total estimated cost is \$140,000.

Downtown Road Improvements

Downtown Road Resurfacing: Williams Street from E. Third Street to E. Seventh Street and W. Sixth Street from S. Washington Avenue to S. Center Street will be resurfaced this spring. On W. Second Street, ADA-compliant parking stalls and ramps will be installed adjacent to the Post Office. In addition to the work downtown, this project also includes installation of two speed humps on Forest Ave between N. Main Street and Rosedale Avenue. These streets are shown in purple on the project map and the estimated construction cost is \$500,000.

Fifth Street Pedestrian Plaza: The DDA is funding the construction of a 2-block pedestrian plaza on W. Fifth Street between S. Lafayette Avenue and S. Center Street. The project is shown in pink on the project map and the estimated construction cost is \$2.3 million. This project will likely be phased over two years.

Sidewalk Improvements

The city will continue the six-year sidewalk program this summer in the neighborhoods outlined in the pink dashed line on the project map. Property owners will receive a construction notice in the spring with their estimate for sidewalk work. You can find more information regarding the sidewalk program including criteria, timeline, and forms at www.romi.gov/sidewalks.

The city also operates a prepaid public sidewalk and approach replacement program for those residents who want this type of work performed at their residential properties in Royal Oak. Contact the Engineering Division for more information.

Water Main and Sewer Projects

2025 Water Main Improvements Project: Improvements will take place on Lexington Boulevard and Nakota Road to replace sections of water main. In addition, the proposed millage road improvements scheduled for each of the streets will be incorporated as part of the project. These streets are shown in dark blue on the project map. This project will also include special assessment paving of E. Parent Avenue along with water main replacement, shown in dark green on the map. The estimated construction cost is \$2.5 million.

2025 Sewer Preservation Projects: Sewer televising, spot sewer repairs and sewer lining will take place on various public sewers throughout the city as part of an ongoing sewer maintenance and improvement program to preserve, stabilize, improve flow, and enhance the conditions of public sewers. The cost of these projects is estimated at approximately \$2.4 million.

What to Expect

The city mails out construction notices to affected properties in the spring that provide detailed information for nearby projects. During construction, residents may receive 24-hour advance notices via door hangers if driveway access will be affected or a water shut-off is planned.

The engineering division wishes to thank residents in advance for their patience and cooperation as the city moves forward with construction. If you have any questions, you can contact the engineering division at **248-246-3260** or engineering@romi.gov. Residents can visit www.romi.gov/currentprojects to find the most up-to-date information, copies of construction notices, and weekly project updates.



Royal Oak ENVIRONMENTAL ADVISORY BOARD

The Environmental Advisory Board makes recommendations to the city commission on all issues concerning city efforts related to energy waste reduction, air quality, water, waste, resilience, and/or other sustainability issues that improve quality of life and protect the environment.

The board meets on the fourth Wednesday of Sept., Oct., Nov., Jan., Feb., March, April, and May at 7:00 p.m. at the Mahany / Meininger Senior Center. Questions? **Email: roeab@romi.gov**



Royal Oak Environmental Advisory Board



@roenvironmental



roenvironmentalboard



Solarize Royal Oak

Interested in rooftop solar?



Solarize Royal Oak brings friends and neighbors together to learn about solar and participate in group buy-ins to save money! Visit **Solarize Royal Oak** (on Facebook) or email **roeab@romi.gov** for more details.



Check out the City's Sustainability Efforts Here:
www.romi.gov/sustainability





City of Royal Oak Home Improvement Program

Loans and grants are available through the City's Housing Office to help qualified homeowners repair their homes. The Home Improvement Program is intended to maintain and improve the City's neighborhoods by helping low- and moderate-income homeowners make necessary repairs. Eligible applicants must be the owner and occupant of a single-family home in the City of Royal Oak with a household income within the established guidelines.

INSTALLMENT LOANS/FORGIVABLE LOANS: Regular monthly installment loans up to \$50,000 with 0% interest require applicants to be the owner and occupant of a single-family home with a total household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$53,700	4	\$76,700
2	\$61,400	5	\$82,850
3	\$69,050	6	\$89,000

DEFERRED LOANS: Homeowners may be eligible for a deferred loan up to \$50,000. These loans have a interest rate of 3%, interest starts when payment begins. The loan becomes due for a period of time as determined by the Loan Committee. Applicants for deferred loans must have a household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$33,600	4	\$47,950
2	\$38,400	5	\$51,800
3	\$43,200	6	\$55,650

Forgivable loans are available for qualified exterior work up to \$15,000, the income qualification is the same as the installment loan.

The City assists determining the work necessary to selecting a contractor. Applicants are not required to put money down or pay fees usually charged by private lenders. Mortgages and Liens are placed on the property.

Home improvements are to correct health and safety violations, provide for structural preservation, energy conservation or handicapped access. The program is also equipped to address lead-based paint hazards. These are some eligible improvements:

ROOF	PLUMBING/SEWER
SIDING	FURNACE/ AIR CONDITIONING
WINDOWS	ELECTRICAL UPDATE
INSULATION	KITCHEN UPDATE
PORCH REPAIR	BATHROOM UPDATE
DRIVEWAY	BASEMENT WATERPROOFING

The City maintains a list of qualified general contractors who are responsible for all of the trades involved in residential construction. The program will provide a loan or grant up to the amount of the lowest, viable bid.

For more information call (248) 246-3292 or visit www.romi.gov



Non-English speaking or hearing impaired and disabled persons wishing to arrange translation or interpretive services may inform the City Clerk's Office. The City Clerk may be reached at (248) 246-3050 or (248) 246-3010 for telecommunications device for the Deaf (TDD).

At Your Service

Emergency Calls Only Police, Fire & Ambulance	911
General Information	248-246-3000
Animal Complaint	248-246-3500
Animal Shelter 1515 N. Edgeworth.	248-548-3058
Assessor	248-246-3110
Building Inspection	248-246-3210
Building Inspection Requests	248-246-3234
Building Inspection Fax	248-246-3006
Cable TV (WROK) 203 S. Troy St.....	248-246-3040
Questions regarding Comcast	800-934-6489
Questions regarding WOW	866-496-9669
City Attorney	248-246-3240
City Clerk	248-246-3050
City Manager	248-246-3200
Code Enforcement	248-246-3210
Code Enforcement 24-hour Hotline	248-246-3238
44th District Court	248-246-3600
Probation, 400 E. 11 Mile	248-246-3670
Engineering	248-246-3260
Farmers Market 316 E. 11 Mile.....	248-246-3276
Finance	248-246-3030
Fire Department 215 E. Sixth St.	
Emergency	911
Non-Emergency.....	248-246-3800
Fire Prevention Bureau	248-246-3810
Housing Assistance - Rehabilitation Loans	248-246-3130
Human Resources	248-246-3070
Ice Arena 1403 Lexington Blvd.....	248-246-3950
Information Systems	248-246-3080
Landlord Licensing Program	248-246-3210
Library 222 E. 11 Mile Rd.	248-246-3700
Mahany-Meininger Sr./Community Center 3500 Marais.....	248-246-3900
Mayor	248-246-3200
Orson Starr House 3123 N. Main St.....	248-588-0170
Parks & Forestry	248-246-3300
Parks & Recreation 203 S. Troy St.	248-246-3180
Planning & Zoning	248-246-3280
Police Department 450 E. 11 Mile Rd.	
Emergency	911
Non-Emergency.....	248-246-3500
Community Policing.....	248-246-3524
Detective Division	248-246-3515
Record Division	248-246-3530
Snow Emergency Announcement.....	248-246-3442
Public Service Department 1600 N. Campbell	
Highway Maintenance	248-246-3300
Parks & Forestry.....	248-246-3300
Recycling & Refuse Collection	248-246-3300
Sewer Maintenance.....	248-246-3300
Water Maintenance	248-246-3300
Emergencies between 4:00 pm - 7:30 am & weekends	248-246-3500
Purchasing	248-246-3030
Royal Oak Golf Course 3417 Don Soper Dr.	248-554-0019
Salter Community Center 1545 E. Lincoln.....	248-544-4166
Senior Center 3500 Marais.....	248-246-3900
Street Lighting Outage - DTE Energy	800-477-4747
TDD (Hearing Impaired)	248-246-3010
Treasurer	248-246-3140
Voter Registration	248-246-3050
Water Bills	248-246-3160
Youth Assistance 1601 N. Campbell.....	248-546-8282
Website	www.romi.gov



Upcoming Events

Find our events calendar at royaloak.librarycalendar.com

Author Talk and Book Signing

Grand Bargain: The Inside Story of Detroit's Dramatic Journey from Bankruptcy to Rebirth

Saturday, March 1 at 12:00 pm

Join author Gerald Rosen for a discussion about his book, *Grand Bargain: The Inside Story of Detroit's Dramatic Journey from Bankruptcy to Rebirth*. Gerald Rosen served as Chief U.S. District Judge and was the chief mediator in the Detroit bankruptcy case and architect of the "Grand Bargain" that saved the DIA's priceless collection. In this author talk, he will share a behind the scenes look at of how Detroit was rescued from the brink of oblivion. He will also read selection from the book and answer audience questions. Books will be sold and signed after the talk.



Fungi of Michigan

Tuesday, March 11 at 6:30 pm



Join Lorenzo Lo Piccolo to learn about these intriguing organisms! The program will cover topics such as: Introduction to the fungi kingdom; foraging tips and sustainability; fungi identification and safety, and; discuss specific Michigan species throughout the seasons. The presentation will reference curated Michigan fungi samples.

Royal Oak Schools Student Art Show Opening Party

Saturday, March 22 at 2:00 pm

Join Royal Oak Public Library for its 2nd Annual Opening Day Party on Saturday, March 22 celebrating Royal Oak Schools Student Art Show! Come see the artwork and creative talents of artists in grades K-12! (Refreshments and music will be provided while available in the Friends Auditorium). Student artwork will be on display at the library through Saturday, April 26, 2025.



**Royal Oak
PUBLIC LIBRARY**

222 E 11 Mile Road • Royal Oak, MI 48067
248.246.3700 • www.ropl.org

Library Book Vending Machine at Woodward Corner Market

We are excited to announce our new Library Vending Machine at Woodward Corner Market!

The Royal Oak Public Library Board of Trustees is continuously seeking ways to better serve the residents on the north end of Royal Oak. This innovative addition will make it easier for our north-end residents to access library books and expands access to the library's collection for all cardholders. This project was made possible by a \$50,000 bequest from former Board member Victoria Dickinson, who resided on the north end of Royal Oak and who was active with Corewell Beaumont Hospital. The start-up collection was funded by the Royal Oak Civic Foundation and generous donors like you.

The LibCabinet is housed in the Woodward Corner Café. You'll need a library card or the Royal Oak Public Library app to check out materials.

The LibCabinet library book vending machine is open the same hours as Woodward Corner Market. This project would not be possible without the team at Woodward Corner Market and their commitment to serving the local community. Woodward Corner Market is located at 30955 Woodward Ave #305, Royal Oak, MI 48073. For more information on the Market, including their hours, visit <https://www.woodwardcorner-market.com/>. To learn more about the LibCabinet, visit the Library's website at <https://ropl.org/1876/LibCabinet-Woodward-Corner-Market>.



Photo courtesy of Peasant Life Productions

City Of Royal Oak
203 S. Troy St., P.O. Box 64
Royal Oak, MI 48068-0064

City Hall Office Hours
Monday-Thursday, 8:00 am - 4:30 pm
Friday, 8:00 am - 12 noon
www.romi.gov

**POSTAL CUSTOMER
ECRWSS**

PRSRT STD
U.S. POSTAGE
PAID
Permit No. 83
Warren, MI



Need Yard Cleanup? We're Coming to *Rock the Block* in Royal Oak!

May 15 & 16, 2025
9:00 AM - 3:30 PM

Habitat for Humanity of Oakland County presents two neighborhood revitalization events in partnership with the City of Royal Oak.

Volunteers & community partners will complete exterior cleanup such as:

- leaf removal
- limited branch trimming
- trash removal
- lawn edging
- lawn mowing
- hedge trimming

For more details, please contact:

Yolanda Botello McClain

(248) 246-3912

or

Erin Koch

(248) 246-3911

Homeowners
60+
Eligible

**Income & other eligibility
restrictions apply**

Original funding provided by Oakland County Neighborhood & Housing Development Division